



# North Carolina Public Health Nutritionist Directory

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WIC Director's Email: [Lynn.House@bchd.net](mailto:Lynn.House@bchd.net)  
Lynn House, MS, RD  
Candace Hammer, BS  
Ashley Edwards, BS, RD

\*\*\*\*\*  
**Bertie County Health Department see Albemarle Regional Health Services**  
\*\*\*\*\*

**Bladen County Health Department**  
PO Box 189  
300 Mercer Mill Rd., Elizabethtown, NC 28337  
Courier 04-26-08  
WIC Director/Breastfeeding Coordinator

Phone 910-862-6900 Fax 910-862-6859  
WIC 910-872-6218/6219  
WIC Director 910-872-6220  
WIC Director's Email: [jdennis@bladenco.org](mailto:jdennis@bladenco.org)  
Jackie Dennis, RN  
Patricia Smith, RN

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**Brunswick County Health Department**  
PO Box 9  
25 Courthouse Dr., NE Bolivia, NC 28422  
Courier 04-20-08  
WIC Director  
Breastfeeding Coordinator

Phone 910-253-2250 Fax 910-253-2380  
WIC 910-253-2288 WIC Director 910-253-2278  
WIC Director's Email:  
[Maureen.hubbard@brunswickcountync.gov](mailto:Maureen.hubbard@brunswickcountync.gov)  
Maureen Hubbard, MPH  
Jan Pomnitz, BS  
Ashley Brown, BS  
Kristen Matthews, BS  
Cindy Borders, RDN, LDN, IBCLC

**Leland**  
1492 Village Rd. Leland, NC 28451

Phone 910-253-2877 Fax 910-371-5878

**Shalotte**  
1509 Holden Beach Rd., Eastgate Plaza, Shalotte, NC 28470

Phone 910-253-2878 Fax 910-754-3192

\*\*\*\*\*

**Buncombe County Health and Human Services**

40 Coxe Avenue  
Asheville, NC 28801  
Courier 12-50-07

WIC Director

Breastfeeding Coordinator

339 New Leicester, Suite 120  
Asheville, NC 28806

119 Hendersonville Rd., Asheville, NC 28803

257 Biltmore Ave, Asheville, NC 28801

**Burke County Health Department**

PO Drawer 1266  
700 East Parker Rd., Morganton, NC 28655  
Courier 15-01-04  
WIC Director  
Breastfeeding Coordinator

**Cabarrus Health Alliance**

300 Mooresville Road, Kannapolis, NC 28081  
Courier 05-10-01

WIC Director  
Breastfeeding Coordinator

Concord Clinic  
280 Concord Parkway S., Suite 110B  
Concord, NC 28027

**Caldwell County Health Department**

2345 Morganton Blvd. Suite B, Lenoir, NC 28645  
Courier 15-24-15

WIC Director/Breastfeeding Coordinator

**Camden County Health Department see Albemarle Regional Health Services for WIC services**

**Carteret County Health Department**

3820 A Bridges St., Morehead City, NC 28557  
Courier 11-11-01

WIC Director  
Breastfeeding Coordinator

Phone 828-250-5203  
WIC 828-250-5181 WIC Director 828-250-5183  
Fax 828-250-6194  
WIC Director's Email:  
[Sarah.Bennett@buncombecounty.org](mailto:Sarah.Bennett@buncombecounty.org)  
Sarah Bennett, RD, LDN, IBCLC  
Tatiana Arutro, RD, LDN  
Katie Clemmer, BS  
Melinda Robinson, MA 828-250-5173

Phone 828-250-5000 Fax 828-250-5191  
Katie Tallman, MHS, RD, LDN  
Phil Mohr, RD  
Teagin Woodrum, DTR, MHS

Phone 828-771-5436 Fax 828-232-2943  
Carrie Jobe, MHS, RD, IBCLC

Phone 828-285-0622 Ext. 2174 Fax 828-348-2094  
Jennifer Smith, MHS, RD

Phone 828-764-9150 Fax 828-764-9153  
WIC 828-764-9213 WIC Director 828-764-9203  
Fax 828-764-9156  
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Mary Margaret Epley, BS  
Choua Xiong, BS  
Kathryn Breeden, BS

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WIC Director 704-920-1267  
WIC Director's Email:  
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Anna Thadani, MA, RD  
Adaria Russell, MPH  
Sandra Tejada, BS, IBCLC  
Andrea Cedeno, BS  
Susan Masuda, BS  
Holli Rhinehart, BS  
Katie Troutman, BS

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WIC Director 828-426-8524  
WIC Director's Email:  
[lelian@caldwellcountync.org](mailto:lelian@caldwellcountync.org)  
Laurie Elian, BS  
LaShanda Moore, BS  
Bethany Hopkins, BS  
Tammy Roy, MPH

Phone 252-728-8550 Fax 252-222-5828  
WIC 252-222-7710  
WIC Director's Email:  
[Fonda.Rhodes@carteretcountync.gov](mailto:Fonda.Rhodes@carteretcountync.gov)  
Fonda Rhodes, RD  
Julie Barthel, RD

**Caswell County Health Department**  
PO Box 1238

Phone 336-694-4129 Fax 336-694-7030  
WIC Director 336-694-7141

189 County Park Rd., Yanceyville, NC 27379  
Courier 02-51-50  
WIC Director/Breastfeeding Coordinator

WIC Director's Email: [bjones@caswellinc.us](mailto:bjones@caswellinc.us)  
Beth Jones, MS, RD, LDN

**Catawba County Health Department**  
3070 11<sup>th</sup> Ave., Dr. SE Hickory, NC 28602  
Courier 09-70-04 WIC Courier 09-70-01

Phone 828-695-5900 Fax 828-695-5874  
WIC 828-695-5887 WIC Director 88-695-5150  
WIC Director's Email:

WIC Director  
Breastfeeding Coordinator

[JLindsay@catawbacountync.gov](mailto:JLindsay@catawbacountync.gov)  
Jennifer Lindsay, MSN, RN  
Sarah Keeter, BS, IBCLC  
Marjorie Setzer, MS  
Leigh Anne Charles, MS, RD, LDN  
Sharyn Guthrie, DTR  
Sara Kubiak, BS

**Chatham County Health Department**  
For WIC services see PHS  
PO Box 130, 80 East St. Pittsboro, NC 23712  
Courier 13-27-01  
1000 South 10<sup>th</sup> Ave. Siler, City, NC 27344

Phone 919-742-5641 Fax 919-742-7496  
Anne Clark, MSS, RD, LDS  
Nutritionist Email: [Anne.Clark@chathamnc.org](mailto:Anne.Clark@chathamnc.org)  
Laura Hearn, MDA, RD, LDN  
Email [Laura.Hearn@chthamnc.org](mailto:Laura.Hearn@chthamnc.org)

**Cherokee County Health Department**  
228 Hilton St., Murphy, NC 28906  
Courier 08-52-01  
WIC Director/Breastfeeding Coordinator

Phone 828-837-1244 Fax 828-835-8051  
WIC Director's Email:  
[Karen.Freyre@cherokeecounty-nc.gov](mailto:Karen.Freyre@cherokeecounty-nc.gov)  
Karen Freyre, BS  
Jessica Hensley, BS

15 High School Drive, Andrews, NC 28901  
**Andrews is only open Thursdays**

Phone 828-835-4536 Fax 828-321-2243

**Chowan County Health Department see Albemarle Regional Health Services for WIC services**

**Clay County Public Health Center**  
PO Box 55  
345 Court House Drive, Hayesville, NC 28904  
Courier 08-51-01  
WIC Director/Breastfeeding Coordinator

Phone 828-389-805, Ext 138 Fax 828-389-8533  
WIC Phone 828-389-8052 Ext 138  
WIC Director's Email: [Cynthiakelly@clayhdnc.us](mailto:Cynthiakelly@clayhdnc.us)  
Cynthia Kelly, BS

**Cleveland County Public Health Center**  
200 South Post Road, Shelby, NC 28152  
Courier 06-55-03

Phone 980-484-5100 Fax 980-484-5106  
WIC 980-484-5170 Director 980-484-5206  
WIC Director's Email:  
[Rebecca.Slayton@clevelandcountync.gov](mailto:Rebecca.Slayton@clevelandcountync.gov)  
Rebecca Slayton, MS, RD  
Carol Johnson, MS, RD, LDN  
Nancy Kleinfeld, RD, IBCLC  
Alisha Childers, BS

WIC Director/Breastfeeding Coordinator

**Columbus County Health Department**  
Miller Building PO Box 810  
304 Jefferson St., Whiteville, NC 28472  
Courier 04-23-23  
WIC Director  
Breastfeeding Coordinator

Phone 910-641-3904 Fax 910-641-3707  
WIC Director 910-640-6615 x 7058  
WIC Director's Email:  
[sandy.cothorn@columbusco.org](mailto:sandy.cothorn@columbusco.org)  
Sandy Cothorn, MEd  
Amaris Lee, BS

**CommWell Health**

PO Box 340, Four Oaks, NC 27524  
3331 Easy St., Dunn, NC 28334

WIC Director  
Breastfeeding Coordinator

Phone 910-567-5662 Fax 910-567-6072  
Clinic 910-567-6194 WIC Director 910-567-7178  
WIC Director's Email: [KMclIver@commwellhealth.org](mailto:KMclIver@commwellhealth.org)

Kaitlyn Hatcher, BS  
Kaitlyn Hatcher  
Cindy Britt, RN  
Nicole Muller, MS, RD

\*\*\*\*\*

**Craven County Health Department**

PO Box 12610  
2818 Neuse Blvd., New Bern, NC 28561  
Courier 16-66-01  
WIC Director  
Breastfeeding Coordinator

Phone 252-636-4920 Fax 252-636-4980  
WIC Director's Email: [lmayo@cravencountync.gov](mailto:lmayo@cravencountync.gov)

Lisa Mayo, RD, LDN

Kathleen Jacaruso, RD, LND  
Rebecca Gall, BS  
Tamara Downing, BS

**Havelock**

\*\*\*\*\*

**Cumberland County Public Health Center**

1235 Ramsey St., Fayetteville, NC 28301  
Courier 14-59-32  
WIC Director  
Breastfeeding Coordinator

Phone 252-444-1533  
Natara Felton, BS

Phone 910-433-3600 Fax 910-433-3659  
WIC 910-433-3730 Fax 910-433-3661  
WIC Director 910-433-3741  
WIC Director's Email: [Sbatten@co.cumberland.nc.us](mailto:Sbatten@co.cumberland.nc.us)  
Sharon Batten, BS  
Britany Patton, BS  
Hope Monroe, MS  
Derek Riley, BS  
Meghan Brown, BS  
Shundale Bracero, BS  
Ana Martinez, BS, RD  
Lauren Clark, BS  
Irene Zemlachenko, BS  
Allison Ingram, BS  
Sheena Butler, MS

**Spring Lake**

103 Laketree Blvd., Spring Lake, NC 28390

Phone 910-321-6420 Fax 910-321-6429  
Tabitha Collier, BS  
Thewanda Bromell, MS

**Hope Mill**

2622 Hope Mills Rd., Hope Mills, NC 28306

Phone 910-433-3760 Fax 910-423-0957  
Quiara McGilberry, BS  
Teryn Staley, BS  
Hope Grigsby, BS

\*\*\*\*\*

**Currituck County Health Department see Albemarle Regional Health Services for WIC services**

\*\*\*\*\*

**Dare County Department of Health & Human Services**

PO Box 669, 109 Exeter St. Manteo, NC 27954  
Courier 16-30-11  
WIC Director/Breastfeeding Coordinator

Phone 252-475-5003 Fax 252-473-1141  
WIC 252-475-5068  
WIC Director's Email [Cathyd@darenc.com](mailto:Cathyd@darenc.com)  
Cathy Doyle, MS  
Christine Heard, MS, RD, LDN  
Laura Duman, BS

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**Davidson County Health Department**  
PO Box 439  
915 Greensboro St., Lexington, NC 27292  
Courier 13-54-24  
WIC Director/Breastfeeding Coordinator

Phone 336-242-2300 Fax 336-236-3018  
WIC 336-242-2330 WIC Director 336-242-2368  
WIC Director's Email:  
[Brian.matthews@davidsoncountync.gov](mailto:Brian.matthews@davidsoncountync.gov)  
Brian Matthews, MPH, RD, LDN, IBCLC  
Cecilia Akonful, MS  
Angela Graham, BS  
Geovanna Tello, BS  
Madison Pegram, BS

\*\*\*\*\*  
**Davie County Health Department**  
154 Government Center Drive, Mocksville, NC 27028  
(New address effective: 3/29/2021)  
Courier 09-40-06  
Interim WIC Director  
CPA  
Breastfeeding Coordinator

Phone 336-753-6758 Fax 336-753-1272  
WIC Director 336-753-6758  
WIC Director's Email: [mchegue@daviecountync.gov](mailto:mchegue@daviecountync.gov)  
  
Maria Chegue  
Abbie Stroud, BS

\*\*\*\*\*  
**Duplin County Health Department**  
PO Box 948  
340 Seminary St. Kenansville, NC 28349  
  
Courier 11-20-08

Phone 910-296-2130 Fax 910-296-2136  
WIC Director: 910-296-2130  
WIC Director's Email:  
[Andrew.justice@duplincountync.com](mailto:Andrew.justice@duplincountync.com)  
Dr. Andrew Thomas Justice, MD  
Interim WIC Director  
Faviola Gonzales

**Goshen Faison**  
444 SW Center St., Faison, NC 28341

Phone 910-289-1764 Fax 910-296-2136

**Goshen Medical**  
110 Eastwood Dr., Wallace, NC 28466

\*\*\*\*\*  
**Durham County Health Department see Lincoln Community Health Center for WIC services**  
\*\*\*\*\*

**Durham County Health Department**  
414 E Main St., Durham, NC 27701  
Courier 17-23-01  
Nutrition Director

Phone 919-560-7600 Fax 919-560-7373  
Nutrition Director 919-560-7783  
Nutrition Director's Email: [Measterling@dconc.gov](mailto:Measterling@dconc.gov)  
Michele Easterling MPH, RD, LDN  
Kimberly Barrier, MPH, RD, LDN  
Meghan Brown, MHS, RD, LDN  
Raina Goldstein Bunnag, MPH, RD, LDN  
Kia Campbell, MEd, RD, LDN  
Patrice Carr, MS, RD, LDN  
Rachael Elledge, MS, RD, LDN, IBCLC, CDE  
Elizabeth Herring, MPH, RD, LDN  
DeAnna High, MS, RD, LDN  
Danielle MacKinnon, MS, RD, LDN  
Kamaria Mason, MS, MPH, RD, LDN  
Morgan Medders, MS, RD, LDN  
Jennifer Morwick, MS, RD, LDN, CDE  
Christy O'Connor, MS, RD, LDN  
Rebecca Posada, BS, RD, LDN, CDE  
Jasmine St. Denny, MS, RD, LDN  
Kelly Warnock, MPH, RD, LDN  
Kayla Welch, MS, RD, LDN  
Nasim Youssefi, MPH, RD, LDN

\*\*\*\*\*  
**Eastern Band of Cherokee Indians (EBCI) WIC PROGRAM**  
Qualla Boundary Cherokee Indians  
73 Kaiser Wilnoty Drive, PO Box 666, Cherokee, NC 28719  
WIC Director  
Breastfeeding Coordinator  
Nutrition Coordinator

Phone 828-359-7297  
WIC Director 828-359-6234 Fax 828-359-0416  
WIC Director's Email: [kimblamb@nc-chokeee.com](mailto:kimblamb@nc-chokeee.com)  
Kimberly Lambert, BS  
Alyssa Roseman, BS  
Qiana Powell, BS

\*\*\*\*\*

**Edgecombe County Health Department**  
PO Box 100  
122 East Saint James St., Tarboro, NC 27886  
Courier 07-50-01  
WIC Director/Breastfeeding Coordinator

Phone 252-641-7511 Fax 252-641-7507  
WIC 252-641-7550 WIC Director 252-641-7524  
WIC Director's Email  
[Gloriadeans@edgecombeco.com](mailto:Gloriadeans@edgecombeco.com)  
Gloria Deans, BS

**Rocky Mount**  
155 Atlantic Ave., Rocky Mount, NC 27801

Phone 252-985-1067 Fax 252-985-4011  
Marchell Wiggins, BS

\*\*\*\*\*

**FOOTHILLS HEALTH DISTRICT**

**Rutherford County Health Department**  
221 Callahan Koon Rd., Spindale, NC 28160  
Courier 06-66-01  
WIC Director/Breastfeeding Coordinator

Phone 828-287-6100 Fax 828-287-3509  
WIC 828-287-6238 WIC Director 828-287-6007  
WIC Director's Email: [Kkeever@foothillshd.org](mailto:Kkeever@foothillshd.org)  
Kim Kever, MS, RD, LDN  
Sherry Chesney, BS  
Bonnie Roberts, RD, LDN

**McDowell County Health Department**  
408 Spaulding Rd., Marion, NC 28752  
Courier 12-92-08

Phone 828-652-6811 Fax 828-652-9376  
WIC 828-652-2922  
Christy Black, MHS, RD, LDN  
Lisa Telischak, DTR

\*\*\*\*\*

**Forsyth County Health Department**  
799 N. Highland Ave., Winston, Salem, NC 27102-0686  
Courier 13-07-03  
WIC Director  
Breastfeeding Coordinator

Phone 336-703-3336 Fax 336-727-2452  
WIC Director 336-703-3333  
WIC Director's Email: [Grundsmat@forsythcc](mailto:Grundsmat@forsythcc)  
Mayte Grundseth, MEd, RD, LDN  
Sheila Britt-Smith, MEd, RD, IBCLC  
Suzi Rife, MEd, RD, LDN  
Rosalyn Joyner, BS  
Adela Dimov, BS  
Jane Nyagah, MS, RD, LDN  
Timothy Ritchie, MA, BS  
Andrea Graziano, BS  
Ayushi Patel, BS  
Brittany Lombardo, BS  
Anjanette Carbone-Ziegielewski, BS  
Rebecca Barry, BS  
Sarah Marshburn, BS, RD, LDN  
Ariana Bartash, BS  
Leah Domiano, BS

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**Franklin County Health Department**  
107 Industrial Dr., Louisburg, NC 27549  
Courier 07-06-03

Phone 919-496-2533 Fax 919-496-8140  
WIC 919-496-6454 Fax 919-496-3730  
WIC Director's Email:  
[Kcampbell@franklincountync.us](mailto:Kcampbell@franklincountync.us)  
Kim Campbell, BS  
Avery Poling, BS

WIC Director/Breastfeeding Coordinator

\*\*\*\*\*

**Gaston County Health Department**  
991 W. Hudson Blvd. Gastonia, NC 28052  
Courier 06-34-01

Phone 704-853-5000 Fax 704-853-5247  
WIC 704-853-5100 Fax 704-862-6136  
WIC Director 704-853-5113  
WIC Director's Email: [Kristi.Shuping@gastongov.com](mailto:Kristi.Shuping@gastongov.com)  
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Lisa Huffstetler, IBCLC  
Renee Gates-Anderson, BS  
Jessica McCuiston, MPH  
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Sarah Mosteller, BS  
Brie Mills, BS, RD  
Kimberly Patton, MS, RD

WIC Director  
Breastfeeding Coordinator

\*\*\*\*\*

**Gates County Health Department see Albemarle Regional Health Services for WIC services**

\*\*\*\*\*

**Graham County Department of Public Health**  
191 P & J Road Robbinsville, NC 28771  
PO Box 1848, Robbinsville, NC 28771  
Courier 08-40-01  
WIC Director/Breastfeeding Coordinator

Phone 828-479-7900 Ext 2633 Fax 828-479-6956  
WIC Director's Email:

[Shawn.Turpin@grahamcounty.org](mailto:Shawn.Turpin@grahamcounty.org)  
Shawn Turpin, RN

\*\*\*\*\*

**GRANVILLE VANCE PUBLIC HEALTH**

**Granville County Health Department**  
PO Box 367

Phone 919-693-2141 Fax 919-693-8517  
WIC 919-693-1333

WIC Director 919-693-2141 Ext. 140

WIC Director's Email: [lfaulkner@gvdhd.org](mailto:lfaulkner@gvdhd.org)

101 Hunt Drive, Oxford, NC 27565  
Courier 17-01-01

Elizabeth Ni Claus, BS, DTR

**Vance County Health Department**  
115 Charles Rollins Rd., Henderson, NC 27536  
Courier 07-21/02  
WIC Director/BF Coordinator

Phone 252-492-7915 Fax 252-492-4219  
WIC 252-492-3147

WIC Director 252-492-7915 Ext. 140

Lauren Faulkner, BS

Savannah Pressley, MS, IBCLC

Billie Perry, BS

Amanda Cadarette, BS, DTR

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**Greene County Department of Public Health**  
227 Kingold Blvd. Suite B, Snowhill, NC 28580  
Courier 01-83-16

Phone 252-747-8181 Fax 252-747-4040  
WIC 252-747-3244

WIC Director's Email:

[deborah.williams@greencountync.gov](mailto:deborah.williams@greencountync.gov)

Deborah Williams, MS

WIC Director/Breastfeeding Coordinator

Natalie Hargrove, BS

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**Guilford County Health Department**  
1100 E. Wendover Ave., Greensboro, NC 27405  
Courier 02-17-32

Phone 336-641-7777 Fax 336-641-4617  
WIC 336-641-3214 WIC Director 336-641-6597

WIC Director's Email:

[cdavis1@guilfordcountync.gov](mailto:cdavis1@guilfordcountync.gov)

Candice Davis, MPH, RD, LDN

Candice Davis, MPH, RD, LDN

Kathryn Doermann, MS, RD, LDN

Michele Britt Akers, BS

Erin Cashwell, MPH, RD, CDE

Crystal Morton, MBA, BS

Ida Shaw, BS

Michelle Allen, BS

Aja Perry, BS

Sara Shelton, BS

Kristen Stark, BS

WIC Director  
Breastfeeding Coordinator  
Nutrition Supervisor

1203 Maple St. Room 308  
Greensboro, NC 27405

Phone 336-641-3283 Fax 336-641-6807  
Janet Mayer, MS, RD, LDN

501 East Green St., High Point, NC 27260  
Courier 13-48-05

Phone 336-641-7571 Fax 336-641-6961  
WIC Supervisor 336-641-7519

Zachary Cabon, MEd

Katie Nadeau, BS

Amanda Olivares, BS

Hannah Schlotterer, MS, RD, LDN

Ashley McCoy, BS



Head Start (Mobile site)  
1100 E. Wendover Ave., Greensboro, NC 27405

Phone 336-641-3214 Fax 336-641-4617

\*\*\*\*\*  
**Halifax County Public Health System**

PO Box 10, 19 Dobbs St., Halifax, NC 27839  
Courier 07-43-06  
WIC Director  
Breastfeeding Coordinator

Phone 252-583-5021 Fax 252-583-2975  
WIC 252-535-4845 WIC Director 252-535-4845x109  
WIC Director's: Email: [hammackm@halifaxnc.com](mailto:hammackm@halifaxnc.com)  
Meggon Hammack, RN  
Samantha Hall, RN, BSN, MSN  
Elizabeth Daniel, RN

116 A West 3<sup>rd</sup> St., Roanoke Rapids, NC 27870

Phone 252-535-4845 Fax 252-535-3252

PO Box 10, 204 Evans St., Hollister, NC 27844

Phone 252-586-1709 Fax 252-586-2013

\*\*\*\*\*  
**Harnett County Health Department**

307 West Cornelius Harnett, Blvd.  
Lillington, NC 27546  
Courier 14-73-01  
WIC Director  
Breastfeeding Coordinator

Phone 910-893-7550 Fax 910-893-9429  
WIC 910-893-7570 WIC Director 910-814-6239  
WIC Director's Email: [Vhicks@harnett.org](mailto:Vhicks@harnett.org)

Vickie Hicks, BS  
Annette Johnson, BS  
Elliott Brown, MS  
Lavonda Avery, BS, DTR  
Beverly Gore, MS, RD, LDN

Anderson Creek WIC  
6200 Overhills Road, Spring Lake, NC 28390

904 West Edgerton Street, Dunn, NC 28334

\*\*\*\*\*  
**Haywood County Health & Human Services Agency**

157 Paragon Parkway Suite 800  
Clyde, NC 28721  
Courier 80-12-06

Phone 828-452-6675 Fax 828-356-1116  
WIC Director 828-356-2220  
WIC Fax 828-356-1116  
WIC Director's Email:  
[mary.johnson@haywoodcountync.gov](mailto:mary.johnson@haywoodcountync.gov)

Mary Jane Johnson, MS, RD, LDN  
Madison Zimmerman, MS, RD, LDN  
Ellen Colasuonno, MS, RDN, LDN

WIC Director/Breastfeeding Coordinator

\*\*\*\*\*  
**Henderson County Department of Public Health**

1200 Spartanburg Highway Suite 100  
Hendersonville, NC 2879  
Courier 06-92-01  
WIC Director/

Phone 828-692-4223 Fax 828-694-1600  
WIC Director's Phone 828-694-6027  
WIC Director's Email:  
[lbradley@hendersoncountync.org](mailto:lbradley@hendersoncountync.org)

Lori Bradley, BS, IBCLC  
Amy McCall, MHS, RD, LDN  
Colleen Rivers, MS, RD, LDN  
Pilar Bemus, MS, RD  
Megan Callen, BS, DTR

Breastfeeding Coordinator

\*\*\*\*\*  
**Hoke County Health Department**

683 East Palmer Rd., Raeford, NC 28376  
Courier 14-80-04

Phone 910-875-3717 Fax 910-875-9306  
WIC 910-875-2298  
WIC Director 910-875-2298 Ext. 2131  
WIC Director's Email:

Tomi Meachum, BS  
Yolanda Alvarez, BS

WIC Director/Breastfeeding Coordinator

\*\*\*\*\*  
**Hyde County Health Department** (temporarily contracted to Beaufort Co.)

PO Box 100  
1151 Main St., Swan Quarter, NC 27885  
Courier 16-40-01  
Acting WIC Director/Breastfeeding Coordinator

Phone 252-926-4399 Fax 252-926-0021  
WIC 252-946-9705 WIC Director 252-940-6526  
WIC Fax 252-946-8430  
WIC Director's Email: [Lynn.House@bchd.net](mailto:Lynn.House@bchd.net)  
Lynn House, MS, RD

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**Iredell County Health Department**  
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Wendy Freeman, BS  
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**Lee County Health Department**

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**Martin County Health Department see Martin Tyrrell Washington Health District for WIC services**

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**MARTIN TYRRELL WASHINGTON HEALTH DISTRICT**

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**Lincoln County Health Department**  
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**Macon County Public Health**  
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WIC Director/Breastfeeding Coordinator

WIC Director

**Madison County Health Department**  
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Marshall, NC 28753  
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**Martin County Health Department**  
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Breastfeeding Coordinator

**Tyrrell County Health Department**  
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**Washington County Health Department**  
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**Mitchell County Health Department see Toe River Health District for WIC services**

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Etonica Fobbs, MHA

WIC Director/ Breastfeeding Coordinator

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Sheila Person, BS

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Jasmine Thomas, BS

WIC Director/Breastfeeding Coordinator  
Breastfeeding Per Counselor Manager

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Breastfeeding Coordinator/ Breastfeeding Peer Counselor Program Manager

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Whitney Russell, RD LDN  
Alexia Peta, BS  
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**Orange County Health Department see Piedmont Health Services for WIC Services**

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WIC Director/Breastfeeding Coordinator

Jamie Williams, RN

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**Pasquotank County Health Department see Albemarle Regional Health Services for WIC Services**

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Melanie Boullion, BS, IBCLC  
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**Perquimans County Health Department see Albemarle Regional Health Services for WIC Services**

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WIC Director  
Breastfeeding Coordinator

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**PIEDMONT HEALTH SERVICES**

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WIC Director  
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**Prospect Hill Community Health Center**  
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**Moncure Community Health Center**  
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**Hillsborough PHS WIC**  
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**Siler City Community Health Center**  
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WIC Director  
Breastfeeding Coordinator

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WIC Director 336-593-2811 Ext. 1242  
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Lindsey Ussery, BS

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**Surry County Health & Nutrition Center**  
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Courier 09-90-07

WIC Director/Breastfeeding Coordinator  
Nutrition and Health Education Director

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**Swain County Health Department**  
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**TOE RIVER HEALTH DISTRICT**

**Avery County Health Department**  
545 Schultz Circle, Newland, NC 28657  
Courier 12-40-02

**Yancey County Health Department**  
202 Medical Campus Dr., Burnsville, NC 28714  
Courier 12-45-02

WIC Director

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Laura Rinehart, RD, LDN  
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**Tyrrell County Health Department see Martin Tyrrell Washington Health District for WIC services**

**Union County Department of Human Services**  
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WIC Director

Breastfeeding Coordinator

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**Vance County Health Department see Granville Vance Health District for WIC services**

**Wake County Human Services**  
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Bella Raphael, MPH, RD, LDN  
Jean Reiling, BS, RD  
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Meghan Malka, MPH, RD, LDN  
Shelby White BS  
Angela Molk, BS, RD

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**Warren County Health Department**  
544 West Ridgeway St., Warrenton, NC 27589  
Courier 07-31-17

Phone 252-257-1185 Fax 252-257-1446  
WIC 252-257-2116 WIC Director 252-257-6004  
WIC Director's Email:  
[ashleyevans@warrencountync.gov](mailto:ashleyevans@warrencountync.gov)  
Ashley Evans, BS

WIC Director/

Vanetta Silver, MS

Breastfeeding Coordinator

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**Washington County Health Department see Martin Tyrrell Washington Health District for WIC services**

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**Watauga County Health Department see Appalachian District Health Department for WIC services**

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**Wayne County Health Department**  
301 North Herman St. Box CC, Goldsboro, NC 27530  
Courier 01-15-30

Phone 919-731-1000 Fax 919-705-6526  
WIC 919-731-1276 WIC Director 919-731-1220  
WIC Director's Email:  
[Stephanie.howard@waynegov.com](mailto:Stephanie.howard@waynegov.com)  
Stephanie Howard, MS, RD, LDN  
Elizabeth Hill, BS  
Anna Richards, RD, LDN  
Kristi Greer, MPH, RD, LDN  
Haylee Morris, MPH, BS  
Candance Morris, MS, RD, LDN  
Victoria Barfield, MS, RD, LDN  
Sherrie Edwards, RD, LDN

WIC Director

Breastfeeding Coordinator

**Mount Olive**

Phone 919-731-1680 Fax 919-635-1090  
Nutritionist 919-731-1329  
Marjorie Britt, BS

**Seymour Johnson Air Force Base**

Phone 919-705-1779 Nutritionist 919-705-6560

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**Wilkes County Health Department**  
232 Jefferson St. N. Wilkesboro, NC 28659  
Mailing Address 306 College St., Wilkesboro, NC 28697

Phone 336-651-7450 Fax 336-990-0620  
WIC 336-651-7451 WIC Director 336-651-7462  
WIC Director's Email: [dhilton@wilkescounty.net](mailto:dhilton@wilkescounty.net)



Courier 15-10-06  
WIC Director  
Breastfeeding Coordinator/CPA

Drew Hilton, MS, RDN  
Rachel Webb, BS

**Wilson County Health Department**

1801 Glendale Dr. Southwest  
Wilson, NC 27893  
Courier 01-50-25

Phone 252-291-5470 Fax 252-293-8300  
WIC 252-291-3144 Fax 252-265-5352  
Clinic 252-237-3141 Fax 252-293-8301  
WIC Director 252-237-3141Ext. 6654  
WIC Director's Email: [rkurtz@wilson-co.com](mailto:rkurtz@wilson-co.com)

WIC Director/Breastfeeding Coordinator  
Breastfeeding Coordinator

Leslie Tyndall, BS  
Christine Khamisi, BS, IBCLC  
Stephanie Varnell, BS  
Tivette Davis-Ward, BS, MSHS

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**Yadkin County Human Services**

PO Box 548  
217 East Willow St.  
Yadkinville, NC 27055  
Courier 09-12-20  
WIC Director/BF Coordinator

Phone 336-849-7910 Fax 336-849-7936  
WIC Director 336-849-7603  
WIC Director's Email: [LRoyall@yadkincountync.gov](mailto:LRoyall@yadkincountync.gov)

Laken Royall, BS  
Jenae Deel, BS  
Hayley Shore, BS

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**Yancey County Health Department see Toe River Health District for WIC Services**

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**PEDIATRIC NUTRITIONIST IN EARLY INTERVENTION SERVICES**

**Blue Ridge Catchment Area CDSA**

2359 HWY 105, Boone, NC 28607

Nutritionist

Nutritionist Email

Counties Served: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, & Yancey

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Phone 828-265-5391 Fax 828-265-5394

Jessica Thackray, RD, LDN

[Jessica.Thackray@dhhs.nc.gov](mailto:Jessica.Thackray@dhhs.nc.gov)

**Charlotte Catchment CDSA**

Carlton G Watkins Center

3500 Ellington St., Charlotte, NC 28211

Nutritionist

Nutritionist Email

County Served: Mecklenburg

\*\*\*\*\*

Phone 704-336-7100 Fax 704-336-2423

Kristen Brown, MS, RD, LDN

[Kristen.Brown@mecklenburgcountync.gov](mailto:Kristen.Brown@mecklenburgcountync.gov)

**Concord Catchment Area CDSA**

1065 Vinehaven Drive NE, Concord, NC 28025

Courier 05-06-04

Nutritionist

Counties Served: Iredell, Rowan, Stanly & Union

\*\*\*\*\*

Phone 704-786-9181 Fax 704-792-9198

Vacant

**Cullowhee Catchment Area CDSA**

87 Bonnie Lane, Sylva, NC 28779

Nutritionist

Nutritionist Email

Counties Served: Clay, Graham, Haywood, Jackson, Macon, Swain, & Qualla Boundary

\*\*\*\*\*

Phone 828-631-3900 Fax 828-631-9200

Donna McAllister, MHS

[Donna.McAllister@dhhs.nc.gov](mailto:Donna.McAllister@dhhs.nc.gov)

**Greensboro Catchment Area CDSA**

122 North Elm St. Suite 400, Greensboro, NC 27404

Nutritionist

Nutritionist Email

Counties Served: Alamance, Caswell, Guilford, Randolph, & Rockingham

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Phone 336-334-5601 Fax 336-334-5657

Lynnette Schwiegeraht, MEd, RD, LDN

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**Greenville Catchment Area CDSA**

Irons Building Charles Blvd., Greenville, NC 27858

Courier 01-42-08

Nutritionist

Nutritionist Email

Counties Served: Beaufort, Bertie, Greene, Hyde, Martin, Pitt, Wayne

\*\*\*\*\*

Phone 252-737-1224 Fax 252-737-1113

Cynthia Frazier, MS, RD, ITFS

[Frazier@ecu.edu](mailto:Frazier@ecu.edu)

**Morganton Catchment Area CDSA**

145 A West Parker Road., Morganton, NC 28655

Courier 15-01-07

Nutritionist

Counties Served: Burke, Caldwell, & McDowell

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Phone 828-433-5171 Fax 828-433-1127

Vacant

**Rocky Mount Catchment Area CDSA**

141 Storage Rd., Rocky Mount, NC 27804

Nutritionist

Nutritionist Email

Counties Served: Halifax, Johnston, Nash, Northampton, Edgecombe, & Wilson

\*\*\*\*\*

Phone 252-443-0318 Ext. 222 Fax 252-443-5079

Bonnie Przelomski, MS, RD, LDN

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**Sandhills Catchment Area CDSA**

PO Box 4359

10 Parker Lane Suite 1, Pinehurst, NC 28374

Courier 03-39-01

Nutritionist

Counties Served: Anson, Harnett, Lee, Moore, Hoke, Montgomery, Richmond & Scotland

\*\*\*\*\*

Phone 910-295-3133 Fax 910-295-2723

Vacant



