

Do you have a baby? Do you have a child under 5? Are you pregnant or breastfeeding?



Provides healthy food, nutrition education, and family support at no cost to eligible participants.

Shopping for healthy foods is even easier with NC eWIC!

The NC eWIC card works like a debit card at the grocery store.

NC eWIC—Making healthy choices easy!

Contact your local WIC office today.



www.signupwic.com



Department of Health and Human Services
Division of Public Health · Nutrition Services Branch
www.ncdhs.gov · www.nutritionnc.com
This institution is an equal opportunity provider. 08/18

