

## FY15 Agreement Addenda Section III: WIC Deliverable #4 - Promote Healthy Weights

### 4B. b. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained Excessive Weight based on the National Academy of Sciences-Institute of Medicine Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC Program Services during the time period indicated

County/District Health Department	CY04-CY06	CY07-CY09	CY10-CY12	% Change from first 3-year period to most recent 3-year period	CY2012		
	%	%	%		Numerator #	Denominator #	%
Alamance County	47.3%	44.9%	46.9%	-0.8%	431	845	51.0%
Albemarle Regional Health Services	44.2%	44.0%	39.8%	-9.9%	232	581	39.9%
Alexander County	46.5%	49.6%	47.5%	2.2%	103	212	48.6%
Anson County	47.4%	47.7%	50.5%	6.4%	97	195	49.7%
Appalachian District	48.0%	49.0%	49.4%	3.1%	176	335	52.5%
Beaufort County	45.8%	43.8%	43.2%	-5.6%	115	278	41.4%
Bladen County	45.5%	43.7%	48.8%	7.1%	111	226	49.1%
Brunswick County	50.1%	48.4%	52.3%	4.4%	266	518	51.4%
Buncombe County	46.4%	48.4%	47.5%	2.4%	513	1,087	47.2%
Burke County	42.1%	42.0%	44.7%	6.3%	201	484	41.5%
Cabarrus County	46.3%	45.4%	47.8%	3.2%	440	872	50.5%
Caldwell County	51.8%	51.8%	48.8%	-5.9%	252	510	49.4%
Carteret County	52.2%	49.9%	50.9%	-2.5%	158	292	54.1%
Caswell County	46.5%	41.6%	46.1%	-0.8%	44	94	46.8%
Catawba County	39.2%	34.0%	45.3%	15.6%	405	846	47.9%
Chatham County	47.8%	43.1%	45.5%	-4.8%	95	183	51.9%
Cherokee County	47.0%	47.0%	46.5%	-0.9%	64	143	44.8%
Clay County	51.8%	51.8%	51.6%	-0.4%	25	46	54.3%
Cleveland County	48.5%	40.9%	35.1%	-27.7%	226	714	31.7%
Columbus County	45.1%	44.7%	45.3%	0.5%	178	415	42.9%
Craven County	49.2%	45.9%	43.9%	-10.8%	405	854	47.4%
Cumberland County	51.3%	52.1%	51.5%	0.2%	1,531	3,028	50.6%
Dare County	44.2%	35.6%	45.2%	2.2%	71	155	45.8%
Davidson County	46.4%	42.1%	50.1%	8.1%	426	838	50.8%
Davie County	47.9%	47.1%	51.8%	8.2%	99	196	50.5%
Duplin County	42.0%	39.4%	42.2%	0.4%	156	379	41.2%
Durham County	38.5%	43.7%	48.1%	25.0%	678	1,384	49.0%
Edgecombe County	38.2%	42.2%	44.9%	17.3%	228	474	48.1%
Forsyth County	42.2%	45.1%	47.9%	13.6%	969	1,995	48.6%
Franklin County	42.6%	42.5%	45.3%	6.4%	113	252	44.8%
Gaston County	46.3%	44.0%	45.6%	-1.6%	596	1,271	46.9%
<b>North Carolina</b>	<b>46.3%</b>	<b>45.7%</b>	<b>47.7%</b>	<b>3.1%</b>	<b>25,057</b>	<b>51,590</b>	<b>48.6%</b>

\* Excessive total prenatal weight gain by prepregnancy weight category is > 40 lbs. for underweight women (BMI < 18.5); > 35 lbs. for normal weight women (BMI 18.5 to 24.9); >25 lbs. for overweight women (BMI 25 to 29.9); and >20 lbs for obese women (BMI >= 30).

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Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

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County/District Health Department	CY04-CY06	CY07-CY09	CY10-CY12	% Change from first 3-year period to most recent 3-year period	CY2012		
	%	%	%		Numerator #	Denominator #	%
Graham County	51.9%	57.9%	55.0%	6.0%	32	65	49.2%
Granville-Vance District	41.1%	42.9%	43.5%	5.7%	295	634	46.5%
Greene County	38.8%	39.8%	45.3%	16.7%	65	129	50.4%
Guilford County	48.8%	49.3%	51.8%	6.1%	1,364	2,661	51.3%
Halifax County	47.0%	46.8%	45.0%	-4.2%	200	425	47.1%
Harnett County	47.8%	49.1%	49.5%	3.6%	316	644	49.1%
Haywood County	48.8%	51.5%	50.6%	3.5%	164	299	54.8%
Henderson County	44.8%	46.3%	48.6%	8.6%	207	413	50.1%
Hertford County	50.8%	45.2%	42.2%	-17.0%	63	152	41.4%
Hoke County	49.9%	46.5%	47.3%	-5.2%	166	351	47.3%
Hyde County	56.2%	44.4%	46.0%	-18.2%	9	28	32.1%
Iredell County	49.5%	49.2%	45.9%	-7.2%	346	731	47.3%
Jackson County	53.5%	51.5%	51.5%	-3.7%	124	236	52.5%
Johnston County	44.8%	44.5%	50.6%	12.9%	410	804	51.0%
Jones County	46.4%	49.1%	46.7%	0.7%	26	65	40.0%
Lee County	45.2%	46.3%	48.0%	6.1%	204	377	54.1%
Lenoir County	48.5%	45.9%	49.8%	2.7%	204	394	51.8%
Lincoln County	49.6%	47.4%	48.2%	-2.9%	198	384	51.6%
Macon County	45.9%	44.2%	51.6%	12.5%	112	202	55.4%
Madison County	50.3%	48.3%	47.8%	-4.9%	51	118	43.2%
Martin-Tyrrell-Washington District	43.8%	43.5%	44.0%	0.5%	113	252	44.8%
Mecklenburg County	49.0%	47.7%	47.0%	-4.1%	1,813	3,653	49.6%
Montgomery County	46.7%	43.1%	42.9%	-8.2%	98	195	50.3%
Moore County	51.4%	53.9%	47.6%	-7.3%	176	389	45.2%
Nash County	44.1%	40.2%	46.3%	5.0%	272	619	43.9%
New Hanover County	49.4%	48.8%	50.1%	1.6%	443	888	49.9%
Northampton County	51.2%	49.5%	43.7%	-14.8%	64	157	40.8%
Onslow County	48.8%	49.5%	52.3%	7.3%	1,107	2,121	52.2%
Orange County	52.5%	49.1%	44.6%	-15.2%	173	376	46.0%
Pamlico County	53.2%	47.2%	37.2%	-30.2%	29	76	38.2%
Pender County	45.3%	48.6%	46.1%	1.9%	132	250	52.8%
<b>North Carolina</b>	<b>46.3%</b>	<b>45.7%</b>	<b>47.7%</b>	<b>3.1%</b>	<b>25,057</b>	<b>51,590</b>	<b>48.6%</b>

\* Excessive total prenatal weight gain by prepregnancy weight category is > 40 lbs. for underweight women (BMI < 18.5); > 35 lbs. for normal weight women (BMI 18.5 to 24.9); >25 lbs. for overweight women (BMI 25 to 29.9); and >20 lbs for obese women (BMI >= 30).

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County/District Health Department	CY04-CY06	CY07-CY09	CY10-CY12	% Change from first 3-year period to most recent 3-year period	CY2012		
					Numerator #	Denominator #	%
Person County	44.2%	48.1%	50.6%	14.5%	108	215	50.2%
Pitt County	45.4%	47.2%	46.6%	2.7%	471	1,013	46.5%
Randolph County	52.4%	48.8%	50.1%	-4.4%	426	819	52.0%
Richmond County	49.5%	48.1%	49.7%	0.3%	177	359	49.3%
Robeson County	41.2%	43.1%	46.4%	12.6%	541	1,113	48.6%
Rockingham County	48.1%	49.3%	49.5%	2.9%	269	518	51.9%
Rowan County	45.5%	45.6%	48.6%	6.8%	371	778	47.7%
Rutherford-Polk-McDowell District	37.0%	41.9%	50.2%	35.6%	396	792	50.0%
Sampson County	48.6%	50.3%	44.0%	-9.5%	209	434	48.2%
Scotland County	47.6%	46.5%	43.7%	-8.1%	147	353	41.6%
Stanly County	41.2%	44.4%	47.9%	16.3%	165	353	46.7%
Stokes County	52.3%	54.1%	46.3%	-11.4%	102	219	46.6%
Surry County	52.3%	53.0%	49.7%	-5.1%	196	392	50.0%
Swain County	49.5%	57.8%	51.6%	4.2%	62	120	51.7%
Toe River District	42.7%	46.3%	45.8%	7.3%	119	238	50.0%
Transylvania County	51.0%	47.8%	50.3%	-1.3%	73	133	54.9%
Union County	43.0%	40.0%	45.1%	4.8%	309	666	46.4%
Wake County	42.1%	40.0%	47.7%	13.4%	1,497	3,133	47.8%
Warren County	45.5%	40.7%	48.6%	6.9%	54	117	46.2%
Wayne County	46.8%	43.4%	46.4%	-0.8%	466	946	49.3%
Wilkes County	46.0%	37.7%	49.0%	6.5%	190	371	51.2%
Wilson County	40.6%	39.1%	44.3%	9.0%	219	494	44.3%
Yadkin County	47.5%	47.0%	46.9%	-1.3%	110	224	49.1%

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Alleghany	43.5%	55.9%	47.0%	8.1%	24	45	53.3%
Ashe	45.3%	45.9%	47.2%	4.2%	67	137	48.9%
Avery	44.9%	45.3%	46.5%	3.5%	29	71	40.8%
Bertie	49.3%	47.1%	26.9%	-45.4%	33	119	27.7%
Camden	33.3%	48.0%	48.8%	46.4%	11	24	45.8%
Chowan	43.8%	43.0%	45.1%	3.1%	27	74	36.5%
Currituck	47.9%	45.0%	51.1%	6.5%	40	64	62.5%
Gates	43.9%	40.0%	39.3%	-10.5%	17	34	50.0%
Granville	38.7%	45.6%	49.6%	28.0%	138	276	50.0%
Martin	43.3%	41.7%	46.0%	6.1%	64	133	48.1%
McDowell	34.9%	43.1%	49.7%	42.5%	132	259	51.0%
Mitchell	37.6%	49.6%	47.4%	26.3%	42	77	54.5%
Pasquotank	42.6%	42.7%	38.7%	-9.3%	74	197	37.6%
Perquimans	38.5%	37.2%	47.4%	23.0%	30	69	43.5%
Polk	38.9%	46.4%	49.3%	26.8%	33	66	50.0%
Rutherford	38.9%	40.1%	50.6%	30.0%	231	467	49.5%
Tyrrell	42.6%	44.4%	45.7%	7.2%	12	28	42.9%
Vance	44.8%	40.4%	38.9%	-13.2%	157	358	43.9%
Washington	44.8%	45.7%	40.6%	-9.3%	37	91	40.7%
Watauga	51.5%	49.9%	52.1%	1.1%	85	153	55.6%
Yancey	44.9%	43.8%	43.9%	-2.2%	48	90	53.3%

<b>North Carolina</b>	<b>46.3%</b>	<b>45.7%</b>	<b>47.7%</b>	<b>3.1%</b>	<b>25,057</b>	<b>51,590</b>	<b>48.6%</b>
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