



# Step-by-Step Cleaning + Disinfection

## STEP 1 CLEAN THOROUGHLY + OFTEN

○ Cleaning the surfaces in your home thoroughly and often will reduce and remove disease-causing germs, protecting you and your family.

### TOOLS

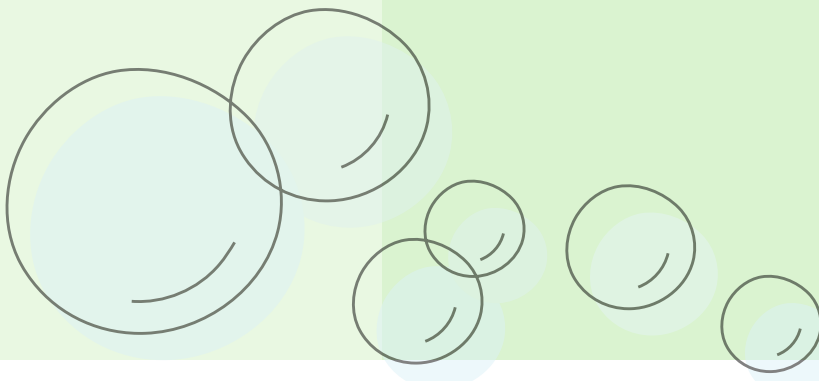
- **Soap + Water** or all-purpose cleaner featuring Safer Choice logo
- **Microfiber Cloths** folded in half and half again for 8 sides of cleaning

### STEPS

- **Spray** soap + water on surface
- **Scrub** with cloth to remove dirt + germs
- **Wipe** clean with clean side of cloth

### SURFACES

- **Kitchen** counters, faucets, fridge, microwave + stove doors and handles, cabinet knobs + handles
- **Bathroom** counters and sinks, faucets, toilet seats, toilet handles
- **Non-porous** tables + desks
- **Frequently touched surfaces** like light switches, door knobs + handles, chair backs, stair railings, cabinet handles



## STEP 2 DISINFECT IF SOMEONE IS SICK

○ With a sick loved one at home, you'll need to disinfect your surfaces after cleaning them in order to protect other family members. Cleaning reduces the number of disease-causing germs, and disinfecting kills remaining germs.

### TOOLS

- **Look for a Safer Disinfectant** containing one of these active ingredients:
  - citric acid
  - ethanol
  - hydrogen peroxide
  - isopropanol
  - l-lactic acid
  - peroxyacetic acid
  - sodium bisulfate
- **Microfiber Cloths** folded in half and half again

### PRECAUTIONS

- **Ensure Children and Pets** are not in the room
- **Open Windows** or turn on fan for ventilation
- **Wear Gloves and Mask** for protection
- **Avoid Disinfecting If Pregnant,** or use hydrogen peroxide-based safer disinfectant
- **Never Use Disinfectants** on food or areas where food is prepared, such as cutting boards

### STEPS

- **Apply** the disinfectant to the surface
- **Leave** the surface glistening wet for recommended contact time on product label
- **Set** a timer to ensure the correct time
- **Wipe** it dry with a clean microfiber cloth

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## STEP 3 LOCK IT AWAY + WASH YOUR HANDS

○ Before, during and after cleaning and disinfecting, you need to protect your children and pets from accidentally accessing these products, which can be very harmful to them.

### STORAGE STEP

- **Safely store** cleaning + disinfecting products away from the reach of children and pets

### FINAL STEP

- **Thoroughly wash** your hands with soap + water for a full 20 seconds



**SPREAD THE WORD. NOT THE VIRUS.** Learn more at [CleanAwayCOVID.org](https://CleanAwayCOVID.org).