

# **Do you have a child under 5? Are you pregnant or breastfeeding?**

## **WIC provides:**

- healthy food
- health referrals
- breastfeeding support
- nutrition information

Applicants must live in North Carolina,  
meet income guidelines and have an identified  
nutrition/medical risk factor.

**For more information about WIC...  
Visit [nutritionnc.com](http://nutritionnc.com)**



This institution is an equal opportunity provider.