



# North Carolina Public Health Nutritionist Directory

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North Carolina Department of Health and Human Services

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WIC Director/Breastfeeding Coordinator

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Sue Talbert, RD  
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Courier 17-23-01

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**Eastern Band of Cherokee Indians**

Qualla Boundary Cherokee Indians

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Preventive Health Coordinator

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WIC Director/Breastfeeding Coordinator

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Breastfeeding Coordinator

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Nutrition Coordinator

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**Lincoln County Health Department**  
151 Sigmon Rd., Lincolnton, NC 28092  
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WIC Director  
Breastfeeding Coordinator

Phone 704-736-8640 Fax 704-732-0469  
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**Macon County Health Department**  
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WIC Director/Breastfeeding Coordinator

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**Madison County Health Department**  
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**Martin County Health Department see Martin Tyrell Washington Health District for WIC services**

**McDowell County Health Department see Rutherford Polk McDowell Health District for WIC services**

\*\*\*\*\*

**MARTIN TYRRELL WASHINGTON HEALTH DISTRICT**

**Martin County Health Department**  
210 West Liberty St., Williamston, NC 27892  
Courier 10-83-13  
Breastfeeding Coordinator

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**Tyrrell County Health Department**  
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408 Bridge St., Columbia, NC 27925  
Courier 16-20-16

Phone 252-793-1750 Fax 252-766-3376

**Washington County Health Department**  
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Courier 16-14-01  
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Sarah Overholt, RD, LDN, CDE

**Mecklenburg County Health Department**

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Courier 05-15-18

WIC Director  
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**Mitchell County Health Department see Toe River Health District for WIC services**

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**Montgomery County Health Department**

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Troy, NC 27371  
Courier 03-96-09  
WIC Director  
Breastfeeding Coordinator

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**Moore County Health Department**

PO Box 279, 705 Pinehurst Ave., Carthage, NC 28327  
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Interim WIC Director/Breastfeeding Coordinator

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**Nash County Health Department**

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WIC Director

**Nash County Cont'd**  
Breastfeeding Coordinator

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**New Hanover County Health Department**  
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WIC Director  
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**Onslow County Consolidate Human Services Agency**  
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Brittney Maa, BS  
Marissa Phinney, BS  
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Breastfeeding Coordinator

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**Orange County Health Department see Piedmont Health Services for WIC Services**

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**Pamlico County Health Department**  
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203 North St., Bayboro, NC 28515  
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**Pasquotank County Health Department see Albemarle Regional Health Services for WIC Services**

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**Pender County Health Department**  
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Courier 04-69-10

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Melanie Boullion, BS, IBCLC  
Kailee Clipp, BS

WIC Director  
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**Perquimans County Health Department see Albemarle Regional Health Services for WIC Services**

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**Person County Health Department**

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Courier 02-35-01

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**PIEDMONT HEALTH SERVICES**

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Breastfeeding Coordinator

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Lynell Hodges, BS

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**Moncure Community Health Center**

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Amy McKee, MA, CHES

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**Pitt County Health Department**

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Courier 01-40-01

WIC Director

Breastfeeding Coordinator

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WIC 252-902-2393 WIC Director 252-902-2388

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Jackie Mills, BS

Jackie Sugg, MS, RD, LDN

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Bonnie Lesko, MPH, RD, LDN

Michelle Newkirk, BS

Carol Ann Glisson, BS

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**Randolph County Health Department**

2222 B. South Fayetteville St., Asheboro, NC 27205

Courier 13-66-24

WIC Director

Breastfeeding Coordinator

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Courier 03-75-02

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**Polk County Health Department see Rutherford Polk McDowell Health District for WIC Services**

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**Robeson County Health Department**

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**RUTHERFORD POLK MCDOWELL HEALTH DISTRICT**

**Rutherford County Health Department**

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Courier 06-66-01

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**Sampson County Health Department**

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Courier 11-33-26

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**Scotland County Health Department**  
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Ashley Greer, BS

WIC Director  
Breastfeeding Coordinator

**Swain County Health Department**  
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Courier 08-30-07

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Samantha Blanchard

WIC Director/Breastfeeding Coordinator

### TOE RIVER HEALTH DISTRICT

**Avery County Health Department**  
545 Schultz Circle, Newland, NC 28657  
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Sabrina Kees, BS

**Yancey County Health Department**  
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WIC Director 828-682-1940  
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Jessica Thomas, BS, RD

WIC Director

**Mitchell County Health Department**  
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Courier 12-71-04

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Breastfeeding Coordinator

Chantel Biddix, BS, IBCLC, RLC

**Transylvania County Health Department**  
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**Tyrrell County Health Department see Martin Tyrell Washington Health District for WIC services**

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Courier 03-07-02

WIC Director  
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Sabrina Frimpong, BS  
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**Vance County Health Department see Granville Vance Health District for WIC services**

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**Wake County Human Services**  
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Breastfeeding Coordinator

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Karen Jarmon, MPH, RD, LDN  
Kati Wilkins, MAT, RD  
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Sheryl Riley, MS, RD, LDN  
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Vivien Omile, MS, RD, LDN, IBCLC  
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Jean Reiling, BS, RD  
Kathy Riley, MPH, RD, LDN  
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**Warren County Health Department**  
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Courier 07-31-17

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**Washington County Health Department see Martin Tyrell Washington Health District for WIC services**

\*\*\*\*\*

**Watauga County Health Department see Appalachian Health District for WIC services**



**Wayne County Health Department**  
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Courier 01-15-30

WIC Director  
Breastfeeding Coordinator

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Anna Richards, BS  
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**Mount Olive**

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Nutritionist 919-731-1329  
Marjorie Britt, BS

**Seymour Johnson Air Force Base**

Phone 919-705-1779 Nutritionist 919-705-6560

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**Wilkes County Health Department**  
232 Jefferson St. N. Wilkesboro, NC 28659  
Mailing Address 306 College St., Wilkesboro, NC 28697  
Courier 15-10-06  
WIC Director

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WIC Directors' Email: [escashwell@wilkescounty.net](mailto:escashwell@wilkescounty.net)

Breastfeeding Coordinator

Erin Cashwell, MPH, RD, LDN  
Jeri Mayberry, MEd, RD, LDN, CDE  
GraceAnne Main, BS  
Kim Jordan, BS

\*\*\*\*\*  
**Wilson County Health Department**

1801 Glendale Dr. Southwest  
Wilson, NC 27893  
Courier 01-50-25

Phone 252-291-5470 Fax 252-293-8300  
WIC 252-291-3144 Fax 252-265-5352  
Clinic 252-237-3141 Fax 252-293-8301  
WIC Director 252-237-3141Ext. 6654  
WIC Directors' Email: [rkurtz@wilson-co.com](mailto:rkurtz@wilson-co.com)  
Regina Kurtz, MBA, RDN, LDN  
Jeaninne Montague, BS  
Leslie Tyndall, BS  
Stephanie Varnell, BS  
Amber Burgess, RD, LDN  
Tivette Davis-Ward, BS, MSHS

WIC Director  
Breastfeeding Coordinator

\*\*\*\*\*  
**Yadkin County Human Services**

PO Box 548  
217 East Willow St.  
Yadkinville, NC 27055  
Courier 09-12-20  
WIC Director/BF Coordinator

Phone 336-849-7910 Fax 336-849-7936  
WIC Director 336-849-7603  
WIC Directors' Email: [LRoyall@yadkincountync.gov](mailto:LRoyall@yadkincountync.gov)

Laken Royall, BS  
Jenae Deel, BS  
Hayley Shore, BS

\*\*\*\*\*  
**Yancey County Health Department see Toe River Health District for WIC Services**



**PEDIATRIC NUTRITIONIST IN EARLY INTERVENTION SERVICES**

**Blue Ridge Catchment Area CDSA**

2359 HWY 105, Boone, NC 28607

Nutritionist

Nutritionist Email

Counties Served: Alleghany, Ashe, Avery, Mitchell, Watauga, Wilkes, & Yancey

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Phone 828-265-5391 Fax 828-265-5394

Jessica Thackray, RD, LDN

[Jessica.Thackray@dhhs.nc.gov](mailto:Jessica.Thackray@dhhs.nc.gov)

**Charlotte Catchment CDSA**

Carlton G Watkins Center

3500 Ellington St., Charlotte, NC 28211

Nutritionist

Nutritionist Email

County Served: Mecklenburg

\*\*\*\*\*

Phone 704-336-7130 Fax 704-336-2423

Kristen Brown, MS, RD, LDN

[Kristen.Brown@mecklenburgcountync.gov](mailto:Kristen.Brown@mecklenburgcountync.gov)

**Concord Catchment Area CDSA**

1065 Vinehaven Drive NE, Concord, NC 28025

Courier 05-06-04

Nutritionist

Counties Served: Iredell, Rowan, Stanly & Union

\*\*\*\*\*

Phone 704-786-9181 Fax 704-792-9198

Vacant

**Cullowhee Catchment Area CDSA**

87 Bonnie Lane, Sylva, NC 28779

Nutritionist

Nutritionist Email

Counties Served: Clay, Graham, Haywood, Jackson, Macon, Swain, & Qualla Boundary

\*\*\*\*\*

Phone 828-631-3900 Fax 828-631-9200

Donna McAllister, MHS

[Donna.McAllister@dhhs.nc.gov](mailto:Donna.McAllister@dhhs.nc.gov)

**Greensboro Catchment Area CDSA**

122 North Elm St. Suite 400, Greensboro, NC 27404

Nutritionist

Nutritionist Email

Counties Served: Alamance, Caswell, Guilford, Randolph, & Rockingham

\*\*\*\*\*

Phone 336-334-5601 Fax 336-334-5657

Lynnette Schwiegeraht, MEd, RD, LDN

[Lynnette.Schwiegeraht@dhhs.nc.gov](mailto:Lynnette.Schwiegeraht@dhhs.nc.gov)

**Greenville Catchment Area CDSA**

Irons Building Charles Blvd., Greenville, NC 27858

Courier 01-42-08

Nutritionist

Nutritionist Email

Counties Served: Beaufort, Bertie, Greene, Hyde, Martin, Pitt, Wayne

\*\*\*\*\*

Phone 252-737-1224 Fax 252-737-1113

Cynthia Frazier, MS, RD, ITFS

[Frazier@ecu.edu](mailto:Frazier@ecu.edu)

**Morganton Catchment Area CDSA**

517 E. West Fleming Dr., Morganton, NC 28655

Courier 15-05-01

Nutritionist

Counties Served: Burke, Caldwell, & McDowell

\*\*\*\*\*

Phone 828-432-5430 Fax 828-432-5445

Vacant

**Rocky Mount Catchment Area CDSA**

141 Storage Rd.

Rocky Mount, NC 27804

Nutritionist

Nutritionist Email

Counties Served: Halifax, Johnston, Nash, Northampton, Edgecombe, & Wilson

\*\*\*\*\*

Phone 252-443-0318 Ext. 222 Fax 252-443-5079

Bonnie Przelomski, MS, RD, LDN

[Bonnie.Przelomski@dhhs.nc.gov](mailto:Bonnie.Przelomski@dhhs.nc.gov)

**Sandhills Catchment Area CDSA**

PO Box 4359

10 Parker Lane Suite, Pinehurst, NC 28374

Courier 03-39-01

Nutritionist

Counties Served: Anson, Harnett, Lee, Moore, Hoke, Montgomery, Richmond & Scotland

Phone 910-295-3133 Fax 910-295-2723

Vacant



