

FY17 Agreement Addenda Section III: WIC Deliverable #2: Promote Healthy Weights

Number and Percent of all women* with live, term singleton births who gain within the Institute of Medicine (IOM) Recommended Weight Gain Ranges (weight gain ranges by prepregnancy weight categories are 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30)).

County	Inadequate Prenatal Weight Gain		Adequate or Recommended Prenatal Weight Gain		Excessive Prenatal Weight Gain		Unknown Prenatal Weight Gain		Number of Women Giving Birth during CY2014
	Number	Percent	Number	Percent	Number	Percent	Number	Percent	
North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Alamance	282	19.02%	436	29.40%	741	49.97%	24	1.62%	1,483
Alexander	63	21.14%	84	28.19%	149	50.00%	2	0.67%	298
Alleghany	19	21.84%	27	31.03%	41	47.13%	0	0.00%	87
Anson	45	22.28%	48	23.76%	109	53.96%	0	0.00%	202
Ashe	38	19.90%	60	31.41%	86	45.03%	7	3.66%	191
Avery	23	23.23%	23	23.23%	49	49.49%	4	4.04%	99
Beaufort	102	26.29%	101	26.03%	173	44.59%	12	3.09%	388
Bertie	39	29.10%	27	20.15%	67	50.00%	1	0.75%	134
Bladen	67	22.64%	98	33.11%	128	43.24%	3	1.01%	296
Brunswick	171	18.11%	262	27.75%	503	53.28%	8	0.85%	944
Buncombe	458	20.80%	603	27.38%	891	40.46%	250	11.35%	2,202
Burke	185	24.03%	213	27.66%	329	42.73%	43	5.58%	770

Data Source: NC Birth Records

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Weight Gain Ranges according to the National Academy of Sciences-Institute of Medicine

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North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Cabarrus	380	18.76%	562	27.74%	1,043	51.48%	41	2.02%	2,026
Caldwell	160	22.73%	210	29.83%	328	46.59%	6	0.85%	704
Camden	17	18.28%	27	29.03%	46	49.46%	3	3.23%	93
Carteret	86	16.83%	157	30.72%	265	51.86%	3	0.59%	511
Caswell	32	17.88%	69	38.55%	74	41.34%	4	2.23%	179
Catawba	301	19.01%	465	29.37%	812	51.30%	5	0.32%	1,583
Chatham	120	23.17%	155	29.92%	222	42.86%	21	4.05%	518
Cherokee	34	19.32%	39	22.16%	103	58.52%	0	0.00%	176
Chowan	22	19.30%	30	26.32%	62	54.39%	0	0.00%	114
Clay	17	26.98%	14	22.22%	30	47.62%	2	3.17%	63
Cleveland	202	22.17%	236	25.91%	469	51.48%	4	0.44%	911
Columbus	116	23.06%	131	26.04%	229	45.53%	27	5.37%	503

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North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Craven	226	17.25%	399	30.46%	671	51.22%	14	1.07%	1,310
Cumberland	936	19.18%	1,397	28.63%	2,532	51.90%	14	0.29%	4,879
Currituck	44	19.64%	52	23.21%	106	47.32%	22	9.82%	224
Dare	68	22.15%	93	30.29%	129	42.02%	17	5.54%	307
Davidson	281	18.14%	453	29.24%	781	50.42%	34	2.19%	1,549
Davie	57	17.76%	88	27.41%	155	48.29%	21	6.54%	321
Duplin	151	22.34%	209	30.92%	311	46.01%	5	0.74%	676
Durham	751	19.33%	1,134	29.18%	1,664	42.82%	337	8.67%	3,886
Edgecombe	110	21.91%	120	23.90%	266	52.99%	6	1.20%	502
Forsyth	642	16.19%	1,050	26.48%	1,909	48.13%	365	9.20%	3,966
Franklin	97	16.67%	146	25.09%	310	53.26%	29	4.98%	582
Gaston	407	18.46%	588	26.67%	1,178	53.42%	32	1.45%	2,205

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North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Gates	11	13.58%	25	30.86%	44	54.32%	1	1.23%	81
Graham	16	21.33%	27	36.00%	32	42.67%	0	0.00%	75
Granville	108	22.83%	129	27.27%	212	44.82%	24	5.07%	473
Greene	43	22.99%	52	27.81%	90	48.13%	2	1.07%	187
Guilford	928	17.63%	1,616	30.69%	2,482	47.14%	239	4.54%	5,265
Halifax	104	21.14%	121	24.59%	263	53.46%	4	0.81%	492
Harnett	329	19.46%	497	29.39%	855	50.56%	10	0.59%	1,691
Haywood	89	18.31%	127	26.13%	249	51.23%	21	4.32%	486
Henderson	191	19.96%	292	30.51%	434	45.35%	40	4.18%	957
Hertford	48	26.09%	49	26.63%	82	44.57%	5	2.72%	184
Hoke	166	20.05%	250	30.19%	409	49.40%	3	0.36%	828
Hyde	14	42.42%	7	21.21%	12	36.36%	0	0.00%	33

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North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Iredell	297	18.91%	469	29.85%	796	50.67%	9	0.57%	1,571
Jackson	60	17.49%	94	27.41%	182	53.06%	7	2.04%	343
Johnston	355	17.68%	539	26.84%	1,076	53.59%	38	1.89%	2,008
Jones	16	18.18%	26	29.55%	45	51.14%	1	1.14%	88
Lee	131	20.12%	196	30.11%	310	47.62%	14	2.15%	651
Lenoir	146	24.96%	159	27.18%	272	46.50%	8	1.37%	585
Lincoln	128	17.75%	191	26.49%	400	55.48%	2	0.28%	721
McDowell	98	26.27%	112	30.03%	154	41.29%	9	2.41%	373
Macon	61	21.03%	88	30.34%	138	47.59%	3	1.03%	290
Madison	42	24.56%	47	27.49%	69	40.35%	13	7.60%	171
Martin	50	25.25%	41	20.71%	106	53.54%	1	0.51%	198
Mecklenburg	2,407	19.13%	3,992	31.72%	5,826	46.29%	360	2.86%	12,585

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Mitchell	17	13.93%	41	33.61%	60	49.18%	4	3.28%	122
Montgomery	75	27.99%	76	28.36%	115	42.91%	2	0.75%	268
Moore	208	23.34%	282	31.65%	398	44.67%	3	0.34%	891
Nash	186	20.99%	228	25.73%	448	50.56%	24	2.71%	886
New Hanover	326	16.27%	573	28.59%	1,093	54.54%	12	0.60%	2,004
Northampton	35	25.55%	36	26.28%	62	45.26%	4	2.92%	137
Onslow	598	15.15%	1,209	30.63%	2,130	53.97%	10	0.25%	3,947
Orange	237	22.03%	361	33.55%	429	39.87%	49	4.55%	1,076
Pamlico	19	25.68%	13	17.57%	41	55.41%	1	1.35%	74
Pasquotank	92	19.96%	141	30.59%	224	48.59%	4	0.87%	461
Pender	111	19.61%	170	30.04%	279	49.29%	6	1.06%	566
Perquimans	23	20.54%	33	29.46%	56	50.00%	0	0.00%	112

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North Carolina Total	20,384	19.42%	30,712	29.26%	50,947	48.53%	2,932	2.79%	104,975
Person	83	21.84%	82	21.58%	196	51.58%	19	5.00%	380
Pitt	335	18.63%	516	28.70%	938	52.17%	9	0.50%	1,798
Polk	23	16.91%	45	33.09%	64	47.06%	4	2.94%	136
Randolph	265	18.75%	401	28.38%	714	50.53%	33	2.34%	1,413
Richmond	117	27.21%	114	26.51%	198	46.05%	1	0.23%	430
Robeson	471	30.95%	442	29.04%	585	38.44%	24	1.58%	1,522
Rockingham	157	18.67%	240	28.54%	427	50.77%	17	2.02%	841
Rowan	280	20.48%	383	28.02%	688	50.33%	16	1.17%	1,367
Rutherford	137	22.87%	161	26.88%	297	49.58%	4	0.67%	599
Sampson	165	23.24%	195	27.46%	338	47.61%	12	1.69%	710
Scotland	87	23.77%	127	34.70%	150	40.98%	2	0.55%	366
Stanly	122	19.68%	186	30.00%	311	50.16%	1	0.16%	620

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Stokes	61	16.67%	72	19.67%	204	55.74%	29	7.92%	366
Surry	128	18.71%	208	30.41%	331	48.39%	17	2.49%	684
Swain	27	16.17%	41	24.55%	97	58.08%	2	1.20%	167
Transylvania	54	21.95%	61	24.80%	122	49.59%	9	3.66%	246
Tyrrell	5	15.15%	6	18.18%	22	66.67%	0	0.00%	33
Union	391	18.66%	640	30.55%	1,049	50.07%	15	0.72%	2,095
Vance	123	26.74%	120	26.09%	200	43.48%	17	3.70%	460
Wake	1,934	17.54%	3,417	30.99%	5,329	48.34%	345	3.13%	11,025
Warren	40	25.32%	39	24.68%	70	44.30%	9	5.70%	158
Washington	23	22.55%	27	26.47%	52	50.98%	0	0.00%	102
Watauga	77	22.85%	90	26.71%	156	46.29%	14	4.15%	337
Wayne	330	21.75%	472	31.11%	712	46.93%	3	0.20%	1,517

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Wilkes	154	25.37%	166	27.35%	283	46.62%	4	0.66%	607
Wilson	183	23.67%	215	27.81%	369	47.74%	6	0.78%	773
Yadkin	58	19.02%	85	27.87%	148	48.52%	14	4.59%	305
Yancey	40	25.64%	46	29.49%	63	40.38%	7	4.49%	156

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