

Trend Data for the WIC Agreement Addenda SFY 2015-2016

The overall purpose of trend data is to track patterns or changes in data over time. For purposes of the WIC Agreement Addenda, trend data is being used to track the performance of the State and Local WIC Programs with respect to fifteen identified program indicators and sub-indicators. The goal for both the State and Local WIC Programs is to implement or enhance activities which improve performance over time for each indicator.

This compendium consists of two reports of WIC Program Quality Assurance Deliverables data. One report is WIC Local Agency specific and the other represents North Carolina state wide data. It may be useful to compare an agency's performance with respect to the state as a whole. To compare local agency data with other agencies' data, please refer to the Indicator-specific reports also available on the website <http://www.nutritionnc.com/wic/wicLAR.htm>.

Each report includes the following information.

❖ **Process Outcome Objectives**

This column includes a description of the Process Outcome Objectives (POO) data indicators of the WIC Program Quality Assurance Deliverable being assessed.

❖ **Trend Data**

The data displayed in these columns represent nine years of data divided into 3-year time periods (2004 to 2006, 2007 to 2009, and 2010 to 2012*) with the average of each three year time period shown.

- POO 1A, 1B, 1C, 4A, and 4B are calendar year (Jan – Dec) data.
- POO 2A, 2B, and 5A, are fiscal year (July – June) data, six months more recent than calendar year data.
- POO 5B is fiscal year (July – June) data which is twelve months prior to other fiscal year data.
- **POO 3A and 3B (Child Health data):** The trend and 2012 data used for Child Health for POO indicators (3A and 3B) are not presented because of inconsistencies in data collection systems over time.

❖ **% Change from 2004-2012**

This column displays the percent change from the first three year period to the most recent three-year time period along with the direction of the change (i.e., increase, decrease or no change).

❖ **2012 Data**

This column displays the most recent year's data including the numerator (Num) and denominator (Den) counts and the percent. Percentages calculated based on numbers less than 20 can show wide fluctuations from one year to the next. Therefore numbers below 20 in the denominator should be used with caution as the computed rates using small numbers are very unreliable.

Guidance for Completing the WIC Agreement Addendum & Local Agency Nutrition Education Plan

The consolidated planning process allows all budgets and agreement addenda for local public health programs receiving funding from the State to be submitted at one time in a consolidated manner. The WIC agreement addendum also serves as the federally-required Local Agency Nutrition Education Plan.

Completing the WIC Agreement Addendum

Section III: Scope of Work and Deliverables

- Deliverables #1 - 5 - These five deliverables do not require staff to complete or to write anything. Instead, local WIC agencies are agreeing to improve the percentage for each of the listed indicators. To assess performance levels and to determine actions for improving performance, staff should refer to the “Trend Data” under Agreement Addenda Data for SCY 2015-2016 accessible through the web link: <http://nutritionnc.com/wic/wicLAR.htm> after February 14th, 2015.

NOTE: The table below provides information related to Deliverable #4. Increase the percent of women with live term singleton births who receive WIC Program Services prenatally and who gain weight within the –2009 guidelines from the Institute of Medicine (IOM) (as adapted from National Academy of Sciences. Weight Gain During Pregnancy: Reexamining the Guidelines. Washington, DC : National Academy Press, 2009) This information is also on the “Trend Data Reports” associated with the WIC Agreement Addendum.

Woman's Prepregnancy BMI Category	Woman's Prepregnancy Weight	Recommended Range of Total Weight Gain in Pregnancy
Below 18.5	Underweight	28 to 40 Pounds
18.5 - 24.9	Normal Weight	25 to 35 pounds
25.0 - 29.9	Overweight	15 to 25 Pounds
30.0 and Above	Obese	11 to 20 Pounds

- Deliverable #6 - Does not require staff to write anything, however, the agency agrees to comply with this requirement throughout the year.
- Deliverables #7 and 8 - These two deliverables relate to the Local Agency Nutrition Education Plan.
 - Deliverable #7 requires staff to attach to the WIC Agreement Addendum, a Nutrition Education Plan for SFY 2015-16 for at least one of the focus areas listed, as defined in the Agreement Addendum.
 - Deliverable #8 requires staff to attach to the WIC Agreement Addendum, a brief evaluation of the local agency’s 2014-15 plan as defined in the Agreement Addendum.

Section IV: Performance Measures/Reporting Requirements

Local agencies are agreeing to maintain an average monthly participation of at least 97% of their assigned monthly base caseload. The minimum average monthly participation for the SFY can be determined by multiplying the assigned base caseload by 97%.

Assuring the WIC Agreement Addendum and Budget are Complete

Prior to submission, local staff may wish to use the checklist below to ensure that their WIC agreement addendum and budget are complete.

Agreement Addendum

- The Health Director has signed and dated the first page.
- Contact information for the Local Health Department is placed on the first page.
- The evaluation of the 2014-15 Agreement Addendum's Nutrition Education Plan (Deliverable #8) has been included as an attachment to the Agreement Addendum.
- The Nutrition Education Plan for 2015-16 (Deliverable #7) has been included as an Attachment to the Agreement Addendum.

Budget

- Figures are added correctly and rounded to the nearest whole dollar (no cents!).
- At least 20% of the total WIC allocation is budgeted in Nutrition Education (5404).
Note: The minimum amount for Nutrition Education is listed on your budget page.
- No more than 10% of the total WIC allocation is budgeted in General Administration (5405).
- The amount budgeted for Breastfeeding (5409) equals or exceeds the minimum amount for Breastfeeding listed on your budget page.
- Total budget does not exceed assigned WIC allocation.
- Submitted budget is the original document (not a photocopy).

Resources for Nutrition Education Activities

The following list of websites offer ideas that staff may consider as they develop their nutrition education plans. This list of websites is by no means all inclusive.

<http://www.cdc.gov/physicalactivity/> (ideas for physical activity)

<http://www.surgeongeneral.gov/library/calls/breastfeeding/index.html> (ideas for breastfeeding education and support)

<http://www.fruitsandveggiesmorematters.org/> (ideas for eating more fruits & vegetables)

www.cspinet.org/nutrition/schoolkit.html or <http://www.nutritionnc.com/moveMilk.htm> (ideas for promoting consumption of 1% or less milk)

http://www.nal.usda.gov/wicworks/Learning_Center/loving_support.html (overall good website for ideas and resources for nutrition & breastfeeding education activities in the WIC Program)

<http://www.eatsmartmovemorenc.com/> and <http://www.myeatsmartmovemore.com> (ideas for physical activity and nutrition activities)

<http://www.colormehealthy.com/> (ideas for getting preschoolers to move more and eat healthy)

<http://www.fns.usda.gov/tn/team-nutrition> (ideas and resources for supporting nutrition and physical activity for children)