4B. a. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained recommended weight according to the National Academy of Sciences-Institute of Medicine Recommended Total **Weight Gain Ranges\* During Pregnancy** 

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC

County/District Health Department	CV04-CV06	CV07-CV09	CY10-CY12	% Change from first 3-	CY2012			
		5107-6109	%	year period to most recent 3-	Numerator	Denominator		
	%	%		year period	#	#	%	
Alamance County	33.5%	32.9%	29.2%	-12.9%	209	845	24.7%	
Albemarle Regional Health Services	32.0%	32.0%	26.7%	-16.7%	150	581	25.8%	
Alexander County	28.7%	30.0%	30.4%	6.1%	54	212	25.5%	
Anson County	30.7%	26.3%	25.1%	-18.4%	48	195	24.6%	
Appalachian District	31.6%	30.0%	31.9%	1.1%	99	335	29.6%	
Beaufort County	31.6%	35.6%	28.9%	-8.6%	77	278	27.7%	
Bladen County	29.0%	28.4%	26.3%	-9.6%	63	226	27.9%	
Brunswick County	33.0%	31.9%	28.4%	-14.0%	149	518	28.8%	
Buncombe County	33.3%	33.2%	30.1%	-9.5%	331	1,087	30.5%	
Burke County	34.6%	31.5%	30.8%	-11.0%	165	484	34.1%	
Cabarrus County	30.2%	31.1%	28.9%	-4.0%	239	872	27.4%	
Caldwell County	29.7%	29.0%	29.4%	-0.9%	140	510	27.5%	
Carteret County	33.5%	34.2%	28.1%	-16.3%	75	292	25.7%	
Caswell County	31.0%	38.4%	26.8%	-13.5%	31	94	33.0%	
Catawba County	32.7%	31.1%	30.6%	-6.5%	241	846	28.5%	
Chatham County	31.1%	37.1%	29.0%	-6.7%	43	183	23.5%	
Cherokee County	29.2%	31.0%	30.0%	2.7%	47	143	32.9%	
Clay County	27.3%	26.3%	31.2%	14.2%	12	46	26.1%	
Cleveland County	28.2%	28.3%	22.6%	-20.0%	139	714	19.5%	
Columbus County	26.6%	28.1%	29.2%	9.8%	131	415	31.6%	
Craven County	30.5%	33.9%	28.4%	-7.0%	239	854	28.0%	
Cumberland County	31.5%	29.3%	27.8%	-11.9%	852	3,028	28.1%	
Dare County	37.1%	37.8%	31.1%	-16.2%	38	155	24.5%	
Davidson County	31.3%	33.6%	28.2%	-9.9%	226	838	27.0%	
Davie County	32.5%	31.5%	26.8%	-17.5%	52	196	26.5%	
Duplin County	34.1%	32.5%	25.0%	-26.7%	96	379	25.3%	
Durham County	36.5%	33.6%	28.2%	-22.9%	394	1,384	28.5%	
Edgecombe County	34.7%	30.9%	28.4%	-18.3%	127	474	26.8%	
Forsyth County	33.7%	31.3%	28.2%	-16.1%	522	1,995	26.2%	
Franklin County	32.0%	32.2%	29.4%	-7.9%	67	252	26.6%	
Gaston County	29.2%	28.8%	28.4%	-3.0%	353	1,271	27.8%	
North Carolina	31.7%	31.8%	28.8%	-9.1%	14,155	51,590	27.4%	

<sup>\*</sup> Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).

4B. a. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained recommended weight according to the National Academy of Sciences-Institute of Medicine Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC

County/District Health Department	CV04-CV06	CV07-CV00	CY10-CY12	% Change from first 3-	CY2012			
County District Floater Department	C104-C100	C107-C109		year period to most recent 3-	Numerator	Denominator		
	%	%	%	year period	#	#	%	
Graham County	29.9%	26.8%	20.4%	-31.9%	13	65	20.0%	
Granville-Vance District	31.0%	31.5%	29.8%	-3.9%	173	634	27.3%	
Greene County	33.0%	33.8%	29.6%	-10.3%	31	129	24.0%	
Guilford County	31.5%	30.7%	28.5%	-9.5%	754	2,661	28.3%	
Halifax County	29.6%	29.9%	27.1%	-8.4%	108	425	25.4%	
Harnett County	31.6%	30.9%	29.5%	-6.5%	194	644	30.1%	
Haywood County	32.6%	29.6%	28.4%	-12.7%	70	299	23.4%	
Henderson County	36.1%	33.1%	30.5%	-15.6%	114	413	27.6%	
Hertford County	30.8%	30.2%	27.0%	-12.4%	41	152	27.0%	
Hoke County	31.8%	32.1%	28.5%	-10.4%	102	351	29.1%	
Hyde County	21.3%	34.7%	31.0%	45.4%	6	28	21.4%	
Iredell County	31.6%	30.0%	32.0%	1.3%	224	731	30.6%	
Jackson County	29.7%	32.4%	30.1%	1.6%	74	236	31.4%	
Johnston County	32.6%	38.6%	28.8%	-11.5%	230	804	28.6%	
Jones County	35.5%	33.2%	22.0%	-37.9%	16	65	24.6%	
Lee County	29.8%	32.3%	30.2%	1.2%	101	377	26.8%	
Lenoir County	29.2%	27.0%	26.4%	-9.5%	91	394	23.1%	
Lincoln County	29.4%	30.9%	29.5%	0.5%	106	384	27.6%	
Macon County	34.0%	37.7%	28.9%	-14.9%	54	202	26.7%	
Madison County	27.8%	34.0%	29.7%	7.0%	41	118	34.7%	
Martin-Tyrrell-Washington District	29.3%	30.9%	26.4%	-9.7%	61	252	24.2%	
Mecklenburg County	31.9%	33.7%	29.0%	-9.2%	948	3,653	26.0%	
Montgomery County	31.4%	36.1%	32.9%	4.8%	53	195	27.2%	
Moore County	28.6%	28.4%	27.3%	-4.5%	117	389	30.1%	
Nash County	30.3%	31.4%	28.8%	-4.9%	170	619	27.5%	
New Hanover County	30.1%	30.9%	28.5%	-5.1%	229	888	25.8%	
Northampton County	25.6%	27.2%	28.8%	12.5%	45	157	28.7%	
Onslow County	33.4%	33.2%	28.8%	-13.8%	581	2,121	27.4%	
Orange County	28.7%	30.3%	32.9%	14.7%	115	376	30.6%	
Pamlico County	28.7%	30.1%	30.3%	5.7%	22	76	28.9%	
Pender County	31.5%	30.2%	28.0%	-11.0%	59	250	23.6%	
North Carolina	31.7%	31.8%	28.8%	-9.1%	14,155	51,590	27.4%	

<sup>\*</sup> Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).

4B. a. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained recommended weight according to the National Academy of Sciences-Institute of Medicine Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC

County/District Health Department	CY04-CY06	CY07-CY09	CY10-CY12	year period to		CY2012 Numerator Denominator		
	%	%	%	most recent 3- year period	#	#	%	
Person County	32.8%	34.3%	26.6%	-18.9%	55	215	25.6%	
Pitt County	31.9%	33.0%	31.0%	-3.0%	313	1,013	30.9%	
Randolph County	30.7%	32.9%	29.5%	-3.6%	200	819	24.4%	
Richmond County	30.2%	28.5%	25.9%	-14.3%	92	359	25.6%	
Robeson County	31.0%	30.8%	27.3%	-12.1%	293	1,113	26.3%	
Rockingham County	30.4%	31.1%	27.8%	-8.4%	123	518	23.7%	
Rowan County	31.8%	31.8%	28.9%	-9.1%	213	778	27.4%	
Rutherford-Polk-McDowell District	32.1%	30.6%	27.7%	-13.8%	218	792	27.5%	
Sampson County	30.9%	31.6%	28.2%	-8.5%	112	434	25.8%	
Scotland County	29.3%	27.5%	23.6%	-19.5%	84	353	23.8%	
Stanly County	32.3%	28.5%	28.2%	-12.6%	94	353	26.6%	
Stokes County	32.7%	28.5%	25.7%	-21.4%	51	219	23.3%	
Surry County	29.8%	29.3%	27.9%	-6.3%	101	392	25.8%	
Swain County	31.2%	27.5%	25.9%	-16.8%	28	120	23.3%	
Toe River District	34.3%	31.0%	30.1%	-12.3%	67	238	28.2%	
Transylvania County	31.1%	33.3%	26.6%	-14.5%	27	133	20.3%	
Union County	35.1%	38.0%	30.2%	-14.0%	200	666	30.0%	
Wake County	32.5%	33.3%	30.5%	-6.2%	939	3,133	30.0%	
Warren County	27.7%	32.0%	26.6%	-4.2%	29	117	24.8%	
Wayne County	30.6%	32.9%	28.8%	-5.9%	247	946	26.1%	
Wilkes County	29.9%	32.9%	29.3%	-2.0%	104	371	28.0%	
Wilson County	31.5%	31.6%	32.9%	4.5%	150	494	30.4%	
Yadkin County	33.3%	33.5%	30.3%	-9.0%	63	224	28.1%	

North Carolina	31.7%	31.8%	28.8%	-9.1%	14,155	51,590	27.4%

<sup>\*</sup> Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).

4B. a. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained recommended weight according to the National Academy of Sciences-Institute of Medicine 2009 Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC

County/District Health Department	CY04-CY06	CY07-CY09	% Change CY10-CY12 from first 3- year period to		CY2012			
	%	%	%	most recent 3- year period	Numerator #	Denominator #	%	
Alleghany	38.2%	30.8%	27.4%	-28.3%	9	9 45		
Ashe	31.0%	28.4%	32.1%	3.5%	42	137	30.7%	
Avery	30.1%	31.5%	33.2%	10.4%	24	71	33.8%	
Bertie	28.1%	28.1%	25.1%	-10.7%	22	119	18.5%	
Camden	34.5%	27.6%	27.4%	-20.6%	7	24	29.2%	
Chowan	31.6%	33.2%	29.8%	-5.6%	25	74	33.8%	
Currituck	36.3%	33.9%	22.9%	-37.0%	11	64	17.2%	
Gates	28.0%	40.0%	32.1%	14.6%	10	34	29.4%	
Granville	31.3%	31.1%	30.0%	-4.1%	83	276	30.1%	
Martin	32.1%	31.0%	25.0%	-22.2%	29	133	21.8%	
McDowell	34.2%	29.4%	28.8%	-15.9%	70	259	27.0%	
Mitchell	41.6%	29.2%	27.7%	-33.5%	21	77	27.3%	
Pasquotank	33.9%	31.9%	27.2%	-19.7%	54	197	27.4%	
Perquimans	33.8%	40.5%	24.7%	-26.8%	21	69	30.4%	
Polk	28.5%	29.6%	31.5%	10.5%	24	66	36.4%	
Rutherford	30.6%	31.7%	26.4%	-13.7%	124	467	26.6%	
Tyrrell	29.6%	35.9%	23.5%	-20.8%	6	28	21.4%	
Vance	30.6%	31.9%	29.7%	-3.2%	90	358	25.1%	
Washington	25.0%	29.1%	29.4%	17.5%	26	91	28.6%	
Watauga	30.2%	31.5%	33.3%	10.1%	48	153	31.4%	
Yancey	32.4%	32.7%	29.5%	-8.9%	22	90	24.4%	

North Carolina	31.7%	31.8%	28.8%	-9.1%	14,155	51,590	27.4%

<sup>\*</sup> Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).