

## FY12 Agreement Addenda Section III: WIC Deliverable #4 - Promote Healthy Weights

### 4B. a. Percentage of women with live term singleton births who received WIC Program Services during pregnancy and who gained recommended weight according to the National Academy of Sciences-Institute of Medicine Recommended Total Weight Gain Ranges\* During Pregnancy

Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

Denominator equals the unduplicated count of women with live term singleton births and who received WIC Program Services during the time period indicated

County/District Health Department	CY01-CY03 %	CY04-CY06 %	CY07-CY09 %	% Change from first 3- year period to most recent 3- year period	CY2009		
					Numerator #	Denominator #	%
Alamance County	32.7%	33.5%	32.9%	0.7%	235	710	33.1%
Albemarle Regional Health Services	31.4%	32.0%	32.0%	2.0%	166	533	31.1%
Alexander County	31.7%	28.7%	30.0%	-5.3%	51	191	26.7%
Anson County	29.4%	30.7%	26.3%	-10.5%	46	186	24.7%
Appalachian District	31.0%	31.6%	30.0%	-3.2%	75	281	26.7%
Beaufort County	28.4%	31.6%	35.6%	25.1%	113	314	36.0%
Bladen County	30.6%	29.0%	28.4%	-7.2%	67	255	26.3%
Brunswick County	34.0%	33.0%	31.9%	-6.4%	63	181	34.8%
Buncombe County	34.1%	33.3%	33.2%	-2.7%	393	1,224	32.1%
Burke County	33.2%	34.6%	31.5%	-5.1%	158	513	30.8%
Cabarrus County	29.3%	30.2%	31.1%	6.3%	291	940	31.0%
Caldwell County	30.4%	29.7%	29.0%	-4.5%	153	509	30.1%
Carteret County	30.5%	33.5%	34.2%	12.2%	65	174	37.4%
Caswell County	33.8%	31.0%	38.4%	13.4%	35	102	34.3%
Catawba County	33.8%	32.7%	31.1%	-8.2%	289	931	31.0%
Chatham County	33.4%	31.1%	37.1%	11.0%	73	212	34.4%
Cherokee County	30.3%	29.2%	31.0%	2.4%	57	155	36.8%
Clay County	23.6%	27.3%	26.3%	11.4%	15	59	25.4%
Cleveland County	28.0%	28.2%	28.3%	1.0%	170	615	27.6%
Columbus County	25.2%	26.6%	28.1%	11.2%	117	406	28.8%
Craven County	32.3%	30.5%	33.9%	5.0%	218	677	32.2%
Cumberland County	31.6%	31.5%	29.3%	-7.4%	861	2,875	29.9%
Dare County	36.2%	37.1%	37.8%	4.5%	58	143	40.6%
Davidson County	30.2%	31.3%	33.6%	11.3%	266	833	31.9%
Davie County	29.7%	32.5%	31.5%	5.9%	61	183	33.3%
Duplin County	33.0%	34.1%	32.5%	-1.6%	98	280	35.0%
Durham County	35.6%	36.5%	33.6%	-5.4%	482	1,356	35.5%
Edgecombe County	33.8%	34.7%	30.9%	-8.4%	102	288	35.4%
Forsyth County	33.5%	33.7%	31.3%	-6.6%	664	2,182	30.4%
Franklin County	37.0%	32.0%	32.2%	-12.9%	95	298	31.9%
Gaston County	30.3%	29.2%	28.8%	-4.8%	402	1,438	28.0%
<b>North Carolina</b>	<b>31.6%</b>	<b>31.7%</b>	<b>31.8%</b>	<b>0.7%</b>	<b>15,101</b>	<b>47,344</b>	<b>31.9%</b>

\* Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).

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Numerator equals the unduplicated count of women on WIC during pregnancy with live term singleton births and who gained weight within the IOM Recommended Weight gain during pregnancy

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County/District Health Department	CY01-CY03 %	CY04-CY06 %	CY07-CY09 %	% Change from first 3- year period to most recent 3- year period	CY2009		
					Numerator #	Denominator #	%
Graham County	29.6%	29.9%	26.8%	-9.3%	13	56	23.2%
Granville-Vance District	29.8%	31.0%	31.5%	5.6%	202	609	33.2%
Greene County	31.5%	33.0%	33.8%	7.5%	48	145	33.1%
Guilford County	30.2%	31.5%	30.7%	1.5%	692	2,290	30.2%
Halifax County	29.8%	29.6%	29.9%	0.2%	121	413	29.3%
Harnett County	31.9%	31.6%	30.9%	-3.1%	227	688	33.0%
Haywood County	30.8%	32.6%	29.6%	-4.0%	100	336	29.8%
Henderson County	34.3%	36.1%	33.1%	-3.4%	106	338	31.4%
Hertford County	27.8%	30.8%	30.2%	8.5%	57	188	30.3%
Hoke County	32.4%	31.8%	32.1%	-1.1%	65	234	27.8%
Hyde County	42.1%	21.3%	34.7%	-17.5%	10	19	52.6%
Iredell County	33.6%	31.6%	30.0%	-10.6%	248	814	30.5%
Jackson County	32.5%	29.7%	32.4%	-0.4%	73	216	33.8%
Johnston County	30.6%	32.6%	38.6%	26.2%	255	684	37.3%
Jones County	36.8%	35.5%	33.2%	-9.9%	26	76	34.2%
Lee County	32.4%	29.8%	32.3%	-0.2%	113	332	34.0%
Lenoir County	29.5%	29.2%	27.0%	-8.5%	95	342	27.8%
Lincoln County	31.2%	29.4%	30.9%	-1.0%	122	391	31.2%
Macon County	28.1%	34.0%	37.7%	34.4%	45	126	35.7%
Madison County	34.8%	27.8%	34.0%	-2.5%	44	116	37.9%
Martin-Tyrrell-Washington District	30.0%	29.3%	30.9%	2.9%	108	343	31.5%
Mecklenburg County	31.2%	31.9%	33.7%	7.9%	1,336	3,969	33.7%
Montgomery County	28.7%	31.4%	36.1%	25.9%	73	202	36.1%
Moore County	25.9%	28.6%	28.4%	9.5%	108	373	29.0%
Nash County	28.0%	30.3%	31.4%	12.2%	209	665	31.4%
New Hanover County	32.5%	30.1%	30.9%	-5.0%	119	369	32.2%
Northampton County	30.0%	25.6%	27.2%	-9.4%	39	140	27.9%
Onslow County	35.0%	33.4%	33.2%	-5.3%	559	1,618	34.5%
Orange County	32.4%	28.7%	30.3%	-6.5%	119	345	34.5%
Pamlico County	34.2%	28.7%	30.1%	-12.1%	26	77	33.8%
Pender County	29.6%	31.5%	30.2%	2.1%	63	215	29.3%
<b>North Carolina</b>	<b>31.6%</b>	<b>31.7%</b>	<b>31.8%</b>	<b>0.7%</b>	<b>15,101</b>	<b>47,344</b>	<b>31.9%</b>

\* Recommended total prenatal weight gain range by prepregnancy weight category is 28-40 lbs. for underweight women (BMI<18.5); 25-35 lbs. for normal weight women (BMI 18.5 to 24.9); 15-25 lbs. for overweight women (BMI 25 to 29.9); and 11-20 lbs. for obese women (BMI >= 30).

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County/District Health Department	CY01-CY03 %	CY04-CY06 %	CY07-CY09 %	% Change from first 3- year period to most recent 3- year period	CY2009		
					Numerator #	Denominator #	%
Person County	27.8%	32.8%	34.3%	23.6%	79	246	32.1%
Pitt County	31.0%	31.9%	33.0%	6.5%	327	973	33.6%
Randolph County	31.2%	30.7%	32.9%	5.7%	254	766	33.2%
Richmond County	26.8%	30.2%	28.5%	6.2%	110	349	31.5%
Robeson County	29.7%	31.0%	30.8%	3.6%	364	1,162	31.3%
Rockingham County	32.2%	30.4%	31.1%	-3.5%	62	226	27.4%
Rowan County	31.6%	31.8%	31.8%	0.5%	262	800	32.8%
Rutherford-Polk-McDowell District	31.3%	32.1%	30.6%	-2.3%	213	670	31.8%
Sampson County	31.1%	30.9%	31.6%	1.5%	148	483	30.6%
Scotland County	26.8%	29.3%	27.5%	2.6%	62	212	29.2%
Stanly County	31.3%	32.3%	28.5%	-8.9%	112	386	29.0%
Stokes County	30.8%	32.7%	28.5%	-7.4%	55	176	31.3%
Surry County	30.8%	29.8%	29.3%	-5.0%	103	315	32.7%
Swain County	29.5%	31.2%	27.5%	-6.8%	37	107	34.6%
Toe River District	36.3%	34.3%	31.0%	-14.5%	72	231	31.2%
Transylvania County	30.7%	31.1%	33.3%	8.3%	50	155	32.3%
Union County	34.4%	35.1%	38.0%	10.4%	242	658	36.8%
Wake County	33.2%	32.5%	33.3%	0.4%	559	1,687	33.1%
Warren County	30.2%	27.7%	32.0%	5.8%	49	150	32.7%
Wayne County	32.1%	30.6%	32.9%	2.7%	212	623	34.0%
Wilkes County	27.7%	29.9%	32.9%	18.8%	122	380	32.1%
Wilson County	30.7%	31.5%	31.6%	3.1%	181	605	29.9%
Yadkin County	35.8%	33.3%	33.5%	-6.6%	66	211	31.3%
<b>North Carolina</b>	<b>31.6%</b>	<b>31.7%</b>	<b>31.8%</b>	<b>0.7%</b>	<b>15,101</b>	<b>47,344</b>	<b>31.9%</b>

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Denominator equals the unduplicated count of women with live term singleton births and who received WIC Program Services during the time period indicated

County/District Health Department	CY01-CY03			CY04-CY06			CY07-CY09			% Change from first 3-year period to most recent 3-year period	CY2009		
	%	%	%	%	%	%	Numerator #	Denominator #	%				
Alleghany	29.5%	38.2%	30.8%	4.3%	16	47	34.0%						
Ashe	32.0%	31.0%	28.4%	-11.4%	33	144	22.9%						
Avery	36.1%	30.1%	31.5%	-12.9%	28	88	31.8%						
Bertie	27.5%	28.1%	28.1%	2.2%	37	145	25.5%						
Camden	34.4%	34.5%	27.6%	-20.0%	11	44	25.0%						
Chowan	37.6%	31.6%	33.2%	-11.6%	31	90	34.4%						
Currituck	29.9%	36.3%	33.9%	13.6%	23	55	41.8%						
Gates	26.7%	28.0%	40.0%	50.0%	7	24	29.2%						
Granville	28.5%	31.3%	31.1%	9.2%	98	297	33.0%						
Martin	30.0%	32.1%	31.0%	3.3%	56	185	30.3%						
McDowell	32.5%	34.2%	29.4%	-9.5%	77	272	28.3%						
Mitchell	35.1%	41.6%	29.2%	-16.8%	22	83	26.5%						
Pasquotank	32.7%	33.9%	31.9%	-2.5%	36	126	28.6%						
Perquimans	28.8%	33.8%	40.5%	40.5%	21	49	42.9%						
Polk	33.5%	28.5%	29.6%	-11.7%	25	73	34.2%						
Rutherford	30.1%	30.6%	31.7%	5.4%	111	325	34.2%						
Tyrrell	33.0%	29.6%	35.9%	8.9%	13	37	35.1%						
Vance	31.2%	30.6%	31.9%	2.1%	104	312	33.3%						
Washington	29.1%	25.0%	29.1%	0.0%	39	121	32.2%						
Watauga	30.5%	30.2%	31.5%	3.2%	26	90	28.9%						
Yancey	37.5%	32.4%	32.7%	-12.9%	22	60	36.7%						

<b>North Carolina</b>	<b>31.6%</b>	<b>31.7%</b>	<b>31.8%</b>	<b>0.7%</b>	<b>15,101</b>	<b>47,344</b>	<b>31.9%</b>
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