

## Non-Dairy Beverages

### Approved for Use in the Child and Adult Care Food Program

Non-dairy beverages (such as soymilk, almond milk and rice milk) must be nutritionally equivalent to cow's milk to be creditable in the Child and Adult Care Food Program. Non-dairy beverages must meet the nutritional standards for fortification of calcium, protein, vitamin A, vitamin D and other nutrients to levels found in cow's milk, as outlined in the National School Lunch Program (NSLP) regulations at 7 CFR 210.10 (m) (3) to be creditable in the Child and Adult Care Food Program.

Below is a list of non-dairy beverages determined to be nutritionally equivalent to cow's milk.

**Please note that manufacturers may change the nutrient composition of their products, so it is important for consumers to check the product label as well.**

Use the non-dairy tool found at [www.nutritionnc.com/snp/resources](http://www.nutritionnc.com/snp/resources) - to ensure the beverage meets the requirements. (click on Guides, then Non-Dairy Tool).

Name of Non-Dairy Beverage	Does it Meet the Requirements?
<b>SOY MILK</b>	
8 <sup>th</sup> Continent Original Soymilk	<b>Yes</b>
Great Value Soymilk, Original (red carton)	<b>Yes</b>
Kirkland Organic Soymilk, Plain	<b>Yes</b>
Pacific All-Natural Ultra Soy	<b>Yes</b>
Silk Original	<b>Yes</b>
<b>ALMOND MILK</b>	
<i>Currently there are no almond milk beverages that are nutritionally equivalent to cow's milk.</i>	
<b>RICE MILK</b>	
<i>Currently there are no rice milk beverages that are nutritionally equivalent to cow's milk.</i>	