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**CACFP 05-02**

February 15, 2005

**To:** Institutions Participating in the Child and Adult Care Food Program

**From:** Arnette Cowan, MS, RD, LDN  
Head, Special Nutrition Programs

**Subject:** **Meal Pattern Requirements for Infants 8 through 11 Months in the Child Nutrition Programs (Policy Memorandum 210.10-42; 226.20-33)**

Several questions have been received about the appropriate number of components that fulfill the meal pattern for lunches and suppers served to infants 8 through 11 months of age. This memorandum clarifies that, for this age group of infants, a reimbursable lunch or supper has three components. A reimbursable lunch or supper must include:

(1) Fluid Milk:

6 to 8 ounces of breast milk, or iron-fortified infant formula, or both

(2) Cereal, or "Meat/Meat Alternate," or both:

2 to 4 tablespoons of iron-fortified dry infant cereal  
or

1 to 4 tablespoons of meat, or

1 to 4 tablespoons of fish, or

1 to 4 tablespoons of poultry, or

1 to 4 tablespoons of egg yolk, or

1 to 4 tablespoons of cooked dry beans, or

1 to 4 tablespoons of cooked dry peas, or

½ to 2 ounces (weight) of cheese, or

1 to 4 ounces (volume) of cottage cheese, or

1 to 4 ounces (weight) of cheese food

or

appropriate quantities (as listed above) of cereal and meat/meat alternate

(3) Fruit or Vegetable:

1 to 4 tablespoons of fruit, or vegetable, or both



We hope this information makes it easier to understand the infant meal pattern requirements that are written in sections 226.20(b)(5)(iii)(B) and 210.10(o)(5)(iii)(B), and the accompanying table in sections 226.20(b)(6) and 210.10(o)(6). If you have any questions, please contact your regional consultant.

cc

SNP Staff  
Auditors